

Youth and Family Coalition		
4.10.2023	4:00 p.m. – 6:00 p.m.	Virtual
Meeting called by:	Tri Leads	
Note taker:	Maria Arreola	
Tri Leads:	System Tri Lead – Starleen Maharaj-Lewis Youth Tri Lead – Cam Callahan	
Attendees:	Andree Martinez, Andrew Kiesick, Pat O’Maley-Lanphear, Sondra Archuleta, Stephanie Grant, Megan Boyle, Val Jones, Maria Arreola, Angela Fraser-Powell, Dawn Scott, Emilie Boettger, Darcy Allen, Rachel Zakopyko, Tonya Bieche	

Introductions, Announcements and Updates
<p>Land Acknowledgement</p> <p>We acknowledge, with humility, that the land of the North Sound region today is the territory of People of the Salish Sea. Their presence is imbued in the waterways, shorelines, valleys, and mountains of the traditional homelands of the Coast Salish People, since time immemorial.</p>

Child, Youth, and Family Crisis Teams – Amy Pererira-Clevenger; Compass Health	
4:05-: 5:00	Agenda Topic
ACTION: Action/Decision (X) Discussion () For Information Only ()	
– Presentation to be rescheduled.	
Conclusion/Outcomes	

Introductions, Announcements, and Open Forum	
5:05-5:20	
ACTION: Action/Decision () Discussion (x) For Information Only ()	
<ul style="list-style-type: none"> — The winner for the monthly drawing is Emilie. Congratulations! — The Outreach Committee meeting is on the April 24th. The committee is starting to focus on planning support of development of behavioral health clubs in the region. Members were encouraged to join the committee meeting. Members can register online on the YFC website. Home My Site (northsoundyfc.com) <ul style="list-style-type: none"> ▪ It was suggested to send invitations to the ESD and others involved at school districts. Counselors and prevention specialist are a good point to help start behavioral health clubs. — The Committee has a tabling opportunity on May 6th at Lakewood High School. — Pat spoke of the Advisory Board Community Contest theme called Copy and Paste. The community contest is open to young adults’ middle school and high school. The focus is to remove the stigma mental health has on young adults that are 	

already having a difficult time finding themselves navigating through high school. A flyer will be sent out to the community with more information.

Conclusion/Outcomes

Sexual Assault Awareness Month - Cam

5:20-5:45

Agenda Topic

ACTION: Action/Decision (X) Discussion () For Information Only ()

- Teens against abuse in Whatcom County DVSAS that have created sexual awareness month.
- Activity that happens between teens is trending online due to social media.
- This year is spreading the message violence of prevention.
- 1 in 3 women experience sexual assault before the age of 18.
- In in 6 men experience sexual assault before the age of 18.

YFC Meeting Venue Survey Update – Val Jones

5:45-6:00

ACTION: Action/Decision () Discussion () For Information Only (x)

Overview:

Discussion Points:

- Val spoke of having meetings be held hybrid.
- Members requested the following
 - Rotate the location. Meetings should be held in each county.
 - Have two hybrid meetings a year.
 - Meet at schools to reach out to students who are interested in creating a behavioral health club
 - Have system partners provide brochures and swag for events and meetings.
- The Committee is in agreement to have two hybrid meetings a year, meetings be rotated in each county and having the meeting incentives be reevaluated.

Conclusion/Outcomes

Evaluations

15min

ACTION: Action/Decision () Discussion () For Information Only (x)

Overview: Link was sent to the committee

Discussion Points:

- Evaluations link sent to committee

Conclusion/Outcomes

Committee will complete the online evaluation

Next meeting is - Monday, May 8, from 4:00 pm – 6:00 pm