

Youth and Family Coalition		
11.10.2025	3:00 p.m. – 5:00 p.m.	Virtual
Meeting called by:	Tri Lead Starleen Lewis	
Note taker:	Maria Arreola	
Attendees:	<p>Sugley Sanchez, Heather Huntington, Reed Mierzeski, Starleen Lewis, Liliana Alfaro, Megan Sarber, Jackson Kwame, Gaylynn Beighton, Eustace Thatcher, Sammy Diego, Fans Cliff, Christina Jackson, Kelvin Hooks, Elise Nathan, Angel Sanchez, Harley Davidson, Harry Paul, Davis Johnson, Louis David, Flora Dahila, James Beck, James Andre, Peters Freetown, Louis David, Jordan Samantha, Mary Paul, Amelia Johnson, Ranny Pear, Naomi Simone, Abby Mayers, Chena Joseph, James Andrew, Michael Holland, Lisa Woolman, Jason Mark, Tilda Bowen, Daniel Miller, Gina Chirichella, Ashely Seabolt, Shashina Ashanti, Smith Mike, Hariss Smitj, Jane Donald, Jenne Alderks, Andre Gray, Elise Nathan, Harley Cruz, Dasarte Yarnway, Becky George</p>	

Introductions, Announcements and Updates

Land Acknowledgement

We acknowledge, with humility, that the land of the North Sound region today is the territory of People of the Salish Sea. Their presence is imbued in the waterways, shorelines, valleys, and mountains of the traditional homelands of the Coast Salish People, since time immemorial.

Mobile Crisis Teams Update

3:00 – 4:00 Bobbie Racine & Rick Deluga – Compass Health

ACTION: Action/Decision () Discussion (x) For Information Only ()

- Voluntary crisis outreach team
- Serves youth and children who are experiencing behavioral health crisis regardless of funding source
- Short term crisis intervention
- Stabilization services
- CYFCT is a group of behavioral health professionals who collaborate with the individual and their family in crisis to develop a plan to get through the current crisis and move towards recovery
- CYFCT Staff
 - Certified Peer Counselor
 - Draw upon their own experiences to help peers find hope and support their recovery
 - Care Coordinator

- Bachelor’s level Clinician coordinating care between client and system partners while providing resources and connecting with schools, doctors, etc.
- Mental Health Professional (MHP)
 - Masters level Clinician helps clients better understand and cope with thoughts, feelings, and behaviors.
- Who is eligible
 - Anyone under 21 who is in Whatcom, Skagit, and Snohomish counties experiencing a behavioral health crisis or in a pre-crisis situation that could result in a behavioral health crisis.
- What Services are Offered
 - Care Coordination
 - Care Planning
 - Community outreach
 - Referrals to community resources
 - Identify natural supports
- North team is currently operating 7 days a week
- South team is currently operating 24/7

YFC Overview	
4:00 – 4:15	
ACTION: Action/Decision () Discussion () For Information Only (x)	
Overview:	
Discussion Points: <ul style="list-style-type: none"> — Charter was reviewed — Overview of YFC 	

Child Youth Behavioral Health Workgroup (CYBHWG) Updates	
4:15– 5:00	Val
ACTION: Action/Decision () Discussion () For Information Only (x)	
Overview:	
Discussion Points: <ul style="list-style-type: none"> — Val spoke of the latest highlights from the CYBHWG — Maintain investments in schools’ behavioral health — Strengthening statewide guidance on school behavioral health — Mandatory WISE training to support youth with ASD/IDD — Restore PAL funding 	

Evaluations	
15min	
ACTION: Action/Decision () Discussion () For Information Only (x)	
Overview: Link was sent to the committee	
Discussion Points: <ul style="list-style-type: none"> – Evaluations link sent to committee 	
Conclusion/Outcomes	
Committee will complete the online evaluation	