

Youth and Family Coalition		
10.10.2023	4:00 p.m. – 6:00 p.m.	Virtual
Meeting called by:	Tri Lead Bobbie Racine	
Note taker:	Maria Arreola	
Attendees:	Megan Boyle, Salina Bass, Ryan O'Donnell, Salina Bass, Starleen Lewis, Dawn Scott, Pat-O'Maley-Lanphear, Andee Martinez, Lisa Day, Bobbie Racine	

Introductions, Announcements and Updates

Land Acknowledgement

We acknowledge, with humility, that the land of the North Sound region today is the territory of People of the Salish Sea. Their presence is imbued in the waterways, shorelines, valleys, and mountains of the traditional homelands of the Coast Salish People, since time immemorial.

Intros and Announcements	
4:05 – 4:15 p.m.	Cam or Bobbie
ACTION: Action/Decision () Discussion () For Information Only (X)	
– Introductions were made.	

Revisiting YFC's Community Agreements	
4:15-5:00	Starleen
ACTION: Action/Decision (X) Discussion () For Information Only ()	
<ul style="list-style-type: none"> – Reviewed Community Norms <ul style="list-style-type: none"> – Respect – "I" Statements – Confidentiality – Leave stories and take learnings – Share space – One voice, all ears – Acknowledge impact – Different Perspectives – Reviewed Working Assumptions: Community agreements. – Each member interacted through a Whiteboard activity to individualize each working assumption into a community norm. 	
Conclusion/Outcomes	

Group activity to sort each assumption into a community norm.

YFC's Current Goals

5:15 – 5:30

Bobbie

ACTION: Action/Decision () Discussion () For Information Only (x)

Overview:

Discussion Points:

- Reviewed historical goals to the change into our current goals
- Use structure points from the PP
- Recommendation is to delete action 2. Goal is not moving forward.
- Change benchmark to Goal #4. A plan is to recruit young leaders and marketing campaign to promote behavioral health clubs.
- Goal 3 we are actively working to recruit and engage 2 youth from each county, 2 family members from each county and 51% of total membership is youth and families.
 - Should we continue this effort in the monthly meeting or having this work developed in an outreach committee? Andee is interested in becoming more involved in recruitment efforts.
- Goal 1 was suggested to have a primary care provider working with youth conversations.
 - Are there ways to enhance presentations to aim about systems of care and enhance knowledge.
- Draft Recommendations for the 2024 legislative session – highlights
 - Youth and young adult continuum of care subgroup
 - Workforce and rates subgroup
 - School-based behavioral health and suicide prevention subgroup

Conclusion/Outcomes

Reviewed changes to goals and benchmarks

WA Child and Youth Behavioral Health Governance Structure Updates

5:30 – 5:45 p.m.

Bobbie

ACTION: Action/Decision () Discussion () For Information Only (x)

Overview:

- YFC is one of the 10 regional FYSPRTs in WA
- Recommendations from regional FYSPRTS are made to the state level.

Evaluations	
15min	
ACTION: Action/Decision () Discussion () For Information Only (x)	
Overview: Link was sent to the committee	
Discussion Points: <ul style="list-style-type: none">- Evaluations link sent to committee	
Conclusion/Outcomes	
Committee will complete the online evaluation	

Next meeting is - Monday, November 13, 2023, from 4:00 pm – 6:00 pm