



Welcome All
This is how we grow!

Our Purpose

YFC is a Regional *Family Youth System Partner Round Table* (FYSPRT - pronounced *fis-pert*). FYSPRTs create platforms for families, youth, and system partners to collaborate, listen, and incorporate the voices of the community into decision-making at the local, regional, and state levels.





\$50 Grocery Store Gift Cards

1. Must be a youth or family member of a youth who has faced behavioral health challenges.
2. Must live or work in a North Sound county (Snohomish, Skagit, Whatcom, San Juan, or Island)
3. Must not be paid by any other organization to participate.

YFC's Group Agreements:



- 1. Respect
- 2. "I" Statements
- 3. Confidentiality
- 4. Share Space
- 5. Acknowledge Impact
- 6. Different Perspectives

1. Respect

Emphasis on the principles of **care, respect, compassion, and understanding** in responding to people

Importance of treating individuals **the way they want to be treated** and being responsive to **accessibility needs**

A commitment to honoring and using stated **gender pronouns**, along with the acceptance that pronouns may change

Creation of an **unbiased** and **nonjudgmental** safe space for corrections, **fostering true mutual respect, connection, and understanding**.



2. “I” Statements



- **Individual expression** of own thoughts, feelings, or beliefs in a way that **takes ownership** of their perspective.
- Encourages others in the group to **actively listen** and understand **different viewpoints**.
- Taking **personal responsibility** and engagement with the stated values regarding **gender pronoun** usage.

3. Confidentiality: Leave Stories, Take Learnings

Encourages individuals to **share their experiences, insights, or narratives** while also **gaining knowledge and lessons** from those shared by others.

Promotes diversity and inclusion when engaging in shared learning from each other's stories.

Reciprocal exchange of stories and learnings within a community or group



4. Share Space

One Voice, All Ears



- Fostering an environment that encourages **open communication, mutual respect, and inclusivity**
- By **not making assumptions** about others' experiences and **respecting diverse life stories**, individuals feel more comfortable sharing their own perspectives without fear of judgment.
- Letting go of **preconceived notions** and **actively listening** with an open mind and heart creates an environment that is **receptive to various viewpoints** and experiences

5. Acknowledge Impact

Acknowledgment that shared work is part of an **ongoing and never-ending process** implies an understanding that the impact of the work **may not result in immediate closure**

Encouraging **open-minded listening**, allowing space for **self-expression**, and promoting **self-care** recognize the impact of creating an environment where individuals feel **heard and supported**

Establishing a safe and antiracist space acknowledges the impact of creating an environment that **actively opposes racism** and fosters mutual respect and understanding.

Making **accommodations for full participation** and being responsive to accessibility needs demonstrates acknowledgment of the impact of ensuring that everyone is included and able to engage fully.



6. Different Perspectives



- "Room in the circle for **all** diverse perspectives, cultures, and ways and expressions of life" explicitly communicates a commitment to **inclusivity** and welcoming a **variety of viewpoints**.
- Embracing the intention to create an environment that **recognizes** and **accommodates** the unique perspectives of each individual.
- Responding to people with **care, respect, compassion, and understanding** acknowledges the diversity of perspectives and experiences among individuals
- The commitment to lean in with **empathy and respect** for other people's passions reflects an understanding that individuals have varied interests, values, and perspectives that should be **acknowledged and respected**.



Break Time

CYBHWG Recs:

WA Thriving Strategic Plan

Legacy Recommendations:

- Fund CCBHC Implementation
- Restore PAL Funding

Protecting and Building:

- Maintain investments in school BH
- Preserve Bridge Housing sites
- Conditional scholarships
- Commercial coverage for pediatric CHWs
- BH Teaching Clinic Designation and Enhancement Rate

New Recommendations:

- Strengthen statewide guidance on school BH
- Suspend consideration of leg impacting DOH credentialing
- Mandatory WISe training to support youth with ASD/IDD



Come Join Us Again December 8th to learn about:

