

Youth and Family Coalition		
2.10.2025	3:00 p.m. – 5:00 p.m.	Virtual
Meeting called by:	Tri Lead Starleen Lewis	
Note taker:	Maria Arreola	
Attendees:	Kaleb Lewis (Youth Tri Lead), Bobbie Racine (System Tri Lead), Val Jones, Megan Axley, Rick Deluga, Tonya Bieche, Quintesa Garraway, Christina Jackson, Julie Butchili	

Introductions, Announcements and Updates
<p>Land Acknowledgement</p> <p>We acknowledge, with humility, that the land of the North Sound region today is the territory of People of the Salish Sea. Their presence is imbued in the waterways, shorelines, valleys, and mountains of the traditional homelands of the Coast Salish People, since time immemorial.</p>

Statewide Youth Network	
3:00 – 4:00	Quintessa Garraway Health Care Authority
ACTION: Action/Decision () Discussion (x) For Information Only ()	

- Mission
 - Under SPARK, we empower youth/young adults to lead decisions and shape policies. We support them and use their voices to discover strengths, build resilience, and improve behavioral health outcomes while fostering inclusivity and diversity.
- Puts youth and young adults in front to what is going to be done for them.
- Centralized place where youth can discover themselves. They can feel safe to have conversations and to empower their goals.
- Youth Peer led. They are on the development team and on the Board of Directors.
- Staffing ranges from Peer Specialists, Youth Network Director and Development Teams.
- Currently in the second year of being up and running.
- A few goals
 - Create a group of young people with experience in behavioral health challenges to help improve mental health support.
 - Give young people the power to lead the project
 - Create a support system where young people help each other.
 - Make changes to improve health services for youth.
- Creating an open community with partnerships, supporting the community and youth leadership trainings.

- On the advocacy and legislation level some youth have been active in the legislature. This helps young people connect with law makers.
- Currently working on building social media presence to engage youth across the state
- Upcoming events
 - Planning a Youth Behavioral Wellness Summit for Summer 2025.
 - Preparing local, state and national training opportunities to empower youth leadership
- Youth network is creating opportunities for young people to have a positive change in the behavioral health system.
- Contact Information
 - YN@wayouth.us
 - Jwong@wayouth.us
 - Cbyrd@wayouth.us
 - quentesa.garraway@hca.wa.gov
 - (509) 221-1344
 - 3801 Zintel Way, Suite A120, Kennewick, WA 99337
- Questions and concerns were answered.

Two Year Workplan	
4:00 – 5:00	
ACTION: Action/Decision () Discussion () For Information Only (x)	
Overview:	
<ul style="list-style-type: none"> — Val reviewed the 2025-2027 workplan — The leadership team has met several times though the year to help complete the workplan. — This workplan has been submitted to Health Care Authority. — It will be posted on the YFC website. 	

Introductions and Announcements	
5:30 – 6:00	Val Jones
ACTION: Action/Decision () Discussion () For Information Only (x)	
Overview:	
Discussion Points: <ul style="list-style-type: none"> — Introductions were made. — No updates were given. 	
Conclusion/Outcomes	

Evaluations

15min

ACTION: Action/Decision () Discussion () For Information Only ()

Overview: Link was sent to the committee

Discussion Points:

- Evaluations link sent to committee

Conclusion/Outcomes

Committee will complete the online evaluation