

Family, Youth, System, Partner, Round Table (FYSPRT)  
Organizing Committee  
January 20, 2016

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**Chair:** Rebecca Clark  
**Minutes by:** Lisa Hudspeth

**Members Present:** Julie de Losada, Irene Richards, Nina Weaver, Georgi Lakey, Dawn Scott, Lynda Richards, Dani McCutcheon, Judy Heinemann, Greg Wennerberg, Jeannette Anderson, Kristen Hagin, Lisa Hudspeth

**Minutes from Past Meeting:** ☐ Approved  
☒ Approved with changes  
☐ Deferred until next meeting

Agenda Item	Discussion	Action
1. Introductions	<ul style="list-style-type: none"><li>The meeting convened at 1:00pm Julie initiated introductions.</li></ul>	Informational
2. Brief Announcements	<ul style="list-style-type: none"><li>Julie gave a brief overview of FYSPRT background:<ul style="list-style-type: none"><li>Driven by federal grant that the State has called the System of Care Expansion Grant and the T.R. vs Quigley lawsuit and settlement agreement.</li><li>Intended to be an advisory board with 51% family and youth membership</li><li>Intended to oversee primarily Wraparound with Intensive Services (WiSe)</li><li>There are also roles outside of WiSe</li></ul></li><li>Overview of meetings<ul style="list-style-type: none"><li>The last 5 months have been planning meetings</li><li>This is our first open meeting</li><li>The intention is to have one regional FYSPRT and to have local FYSPRTs in each county. Regional meets monthly; goal is to develop local FYSPRTs sometime in 2016</li><li>There is also a statewide FYSPRT</li></ul></li><li>Information was shared regarding an upcoming Children's Services and Trauma Training/Workshop</li><li>Nina shared that the Skagit Crisis Prevention and Intervention Team (through Compass Health) is now live<ul style="list-style-type: none"><li>Mobile outreach crisis response team</li><li>9am – 12am; 7 days a week</li><li>Respond to calls dispatched by Volunteers of America (VOA), police or calls from the community</li></ul></li><li>Julie introduced Kristin Hagin (new NSMHA employee) and gave an overview of the role that Kristin will be playing</li></ul>	Informational

Family, Youth, System, Partner, Round Table (FYSPRT)  
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January 20, 2016

---

<b>3. Review Minutes</b>	<ul style="list-style-type: none"><li>• Julie asked the group to review the minutes from the December 16, 2015 meeting. One change noted: Julie Heinemann needs to be changed to Judy Heinemann. No other changes noted.</li><li>• No vote or motion because we still need to establish the end CPET and the beginning of FYSPRT</li></ul>	<b>Review</b>
<b>4. Formal Vote – <i>Dissolve CPET or extend suspension and focus on FYSPRT.</i></b>	<ul style="list-style-type: none"><li>• We do not have enough of existing CPET membership to vote whether or not to dissolve CPET</li><li>• There were questions as to why we cannot vote and Julie clarified that we cannot take action without a quorum.</li><li>• Julie recommendation is to dissolve CPET in favor of FYSPRT<ul style="list-style-type: none"><li>○ Julie opened for discussion. There was brief conversation how WISE fits into the framework of WISE.</li></ul></li><li>• <b>Action Item: Julie will look into online voting to dissolve CPET</b></li></ul>	<b>Informational</b>
<b>5. Review FYSPRT Brochure</b>	<ul style="list-style-type: none"><li>• One of our deliverables for our contract with the state is to have a regional brochure</li><li>• Three sample brochures were given for review and discussion ensued regarding likes/dislikes:<ul style="list-style-type: none"><li>○ Graphic/Chart that Julie wanted to incorporate established color scheme. It was noted that we cannot change any specifics to the chart (we did not create)<ul style="list-style-type: none"><li>• As we move forward and develop our own data, this graphic can be replaced</li><li>• Overall preferred placement of graphic in #3</li></ul></li><li>○ Julie explained the Banner/Graphic on the front was chosen as it has been used as our System of Care Banner<ul style="list-style-type: none"><li>• People preferred flat (not slanted) base</li><li>• It was noted to not have the individuals in the graphic on the front “white” → color neutral</li></ul></li><li>○ Minimum brochure components include:<ul style="list-style-type: none"><li>• Banner of Regional FYSPRT</li><li>• What is FYSPRT</li><li>• FYSPRT Mission and Vision</li><li>• Map of FYSPRT Region and Local FYSPRTs within the Region</li><li>• “Why should you participate” paragraph</li><li>• Dates/Time/Location that meeting occur or link of where to get that information</li><li>• Contract information for FYSPRT</li><li>• Regional FYSPRT web address and Statewide FYSPRT web address</li><li>• Statement about sponsored by DBHR and the website link</li></ul></li></ul></li></ul>	<b>Discussion</b>

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---

	<ul style="list-style-type: none"><li>• Quotes from youth, family, and system partners, etc. (the personal touch)</li><li>○ Nina noted that an additional brochure would be beneficial in recruitment of youth: current language would not speak well<ul style="list-style-type: none"><li>• No objections to focusing on 2 brochures</li></ul></li><li>○ Action Item: Lisa will continue to develop brochure(s)</li></ul>	
<b>6. Regional FYSPRT Policies and Practices</b>	<ul style="list-style-type: none"><li>• Julie emphasized that there is money available for use, so it is important that we establish guidelines moving forward</li><li>• Decision Process Guidelines<ul style="list-style-type: none"><li>○ Current Dilemma: For every system partner, we have to have two family or youth</li><li>○ Julie proposed that Julie, Nina and Georgi (as tri-leads) be the executive planners for this group (initial membership)<ul style="list-style-type: none"><li>• Together they are 51%</li><li>• They will come up with ideas and bring them back to Regional group meeting; including plans for expansion</li><li>• Regional meeting is still an open meeting – this avoids issues with the amount of system partners (allows us to maintain 51% youth and family)</li></ul></li><li>○ Other method that could be used: there are people who are paid professionals w/ lived experience. Identify those individuals on the roster as someone who can represent family or youth voice.<ul style="list-style-type: none"><li>• Dilemma in this approach: some may have personal experience that allow us to give a recommendation as a family/youth partner separate from professional; however, it is believed there is an expectation that there will be avenues for the Medicaid voice → how do we develop these avenues for Medicaid voice using this mechanism?</li></ul></li></ul></li><li>• Other Structure Considerations<ul style="list-style-type: none"><li>○ Local FYSPRTs<ul style="list-style-type: none"><li>• Need to have a system in place to allow communication from regional to local FYSPRT and vice versa</li><li>• Voting System at local FYSPRT that is equitable</li></ul></li><li>○ Culturally Responsible Representation<ul style="list-style-type: none"><li>• Julie and Joe Valentine (NSMHA Executive Director) attending the Tribal 701 meeting and will be making the ask to FYSPRT participation (8 positions; 1 per Sovereign Nation) on 2/3/2016</li></ul></li></ul></li></ul>	Informational

Family, Youth, System, Partner, Round Table (FYSPRT)  
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	<ul style="list-style-type: none"><li>• Briefly overviewed Tri-Lead roles</li><li>• Required Forms<ul style="list-style-type: none"><li>○ Feedback: We have to start using the State evaluation form</li><li>○ Travel and Reimbursement<ul style="list-style-type: none"><li>• We are required to reimburse individuals who are not paid to attend meetings (local, regional, and state)</li><li>• Julie made the recommendation to use NSMHA Policy and Procedures. Discussion briefly ensued regarding reimbursement timeline and specifics regarding mileage reimbursement. We have to use Federal guidelines.</li></ul></li><li>○ Roster: We have to start using the state format</li></ul></li><li>• Action Item: Invite state project manager for FYSPRT (Kristen Royal); possibly March meeting</li></ul>	
<b>7. Data and Reports</b>	<ul style="list-style-type: none"><li>• Data Reports<ul style="list-style-type: none"><li>○ FYSPRT<ul style="list-style-type: none"><li>• Had to turn in quarterly FYSPRT Report</li></ul></li><li>○ BHAS/WISe Report<ul style="list-style-type: none"><li>• BHAS is the system that looks at the data for our WISe services. Currently have 190 slots throughout region; at time of report, we had 188 slots.</li><li>• There are two different types of measures. One looks at timelines/process/certifications (administrative); one looks at clinical outcomes. There is room for improvement regarding administrative processes.</li></ul></li><li>○ Evidence Based Practices (EDPs)<ul style="list-style-type: none"><li>• 2012 – House bill 2536: Directed all of DSHS agencies to deliver EDPs. Benchmarks were set regarding % of services. Overall we are doing a good job.</li><li>• Start with immediate needs, often lower pyramid based needs (i.e. shelter)</li><li>• North Sound is delivering more EDPs than anywhere in the state (we are approx. 40 % above others); we have exceed our 2019 benchmark set by state.</li><li>• Now we need to look at: does this make a difference? Are we coding correctly? Look at more specifics (i.e. foster, ethnicity).</li></ul></li></ul></li></ul>	<b>Informational</b>

Family, Youth, System, Partner, Round Table (FYSPRT)  
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January 20, 2016

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	<ul style="list-style-type: none"><li>• Needs Assessment: Have your Say Café 2016<ul style="list-style-type: none"><li>○ Another deliverable is a Needs Assessment that needs to be completed as soon as possible</li><li>○ Where are the needs? Where are the gaps?</li><li>○ Helpful to hear the voice of the community while, at the same time, not make promises. Our commitment needs to be “help take your voice” to the different people who are making decisions</li><li>○ Julie suggests a Town Hall style meeting (done 3 years ago under title “Have your Say Café”)<ul style="list-style-type: none"><li>• 2 per county: 1 urban, 1 rural</li><li>• World Café Model: convened small tables and had people focus in on specific questions (one facilitator/table); move around</li><li>• Possibility of online version</li><li>• Discussion ensued: people in favor of idea. Important to provide feedback to community and participants</li></ul></li><li>○ Timeframe: April and May</li><li>○ Work with county human services</li><li>○ Possibility of using incentives for people to attend using FYSPRT funds (i.e. gift cards)</li></ul></li></ul>	
<b>8. Review Meeting</b>	<ul style="list-style-type: none"><li>• Julie asked the group to fill out the FYSPRT evaluation form</li></ul>	<b>Informational</b>
<b>9. Next Meeting</b>	<ul style="list-style-type: none"><li>• Wednesday, February 17<sup>th</sup>, 1:00-3:00pm</li></ul>	<b>Informational</b>

Family, Youth, System, Partner, Round Table (FYSPRT)  
Organizing Committee  
February 17, 2016

**Minutes by:** Lisa Hudspeth

**Members Present:** Kristen Hagin, Betsy Kruse, Greg Wennerberg, Georgi Lakey, Nina Weaver, Mary Larson, Anji Jorstad, Linda Vick, Yen Lawlor

**Minutes from Past Meeting:** ☐ Approved  
☒ Approved with changes  
☐ Deferred until next meeting

Agenda Item	Discussion	Action
1. Introductions	<ul style="list-style-type: none"><li>Georgi Lakey convened the meeting at 1:06 pm and initiated introductions</li><li>Kristen overviewed the Family, Youth, System Partner Round Table (FYSPRT) Vision</li></ul>	Informational
2. Brief Announcements	<ul style="list-style-type: none"><li>Invite at 7.01 Meeting (Kristen)<ul style="list-style-type: none"><li>Invitation went out at the February 3<sup>rd</sup> Tribal Meeting to participate in FYSPRT</li><li>Discussion was held at the 7.01 meeting regarding what tribal needs are regarding Mental Health Support</li></ul></li><li>NSMHA Hiring Tribal Liaison (Kristen)<ul style="list-style-type: none"><li>This position will help coordinate and improve relationships between the tribal system and NSMHA</li></ul></li><li>State-Wide FYSPRT (Georgi and Nina)<ul style="list-style-type: none"><li>The state meeting began by addressing State information; then proceeded into updates from all regions.<ul style="list-style-type: none"><li>Varies from region to region in regards to where in regions are in the process</li><li>Spokane has a high youth participation rate. Nina will be in touch with their youth leads for advice.</li><li>One region is allowing youth to receive community service credits for FYSPRT participation.</li></ul></li><li>Overall impression: we are on track.</li><li>Our idea for doing the <i>Have Your Say Café</i> to fulfill Needs Assessment requirement appears very creative.</li></ul></li><li>Request was made to minimize use of acronyms to be more parent and youth friendly.</li><li>Anji and Greg shared in regards to the upcoming Children and Youth Mental Wellness Fair in Everett and handed out flyers.<ul style="list-style-type: none"><li>Action Item: Lisa H will send out digital copy</li></ul></li></ul>	Informational

Family, Youth, System, Partner, Round Table (FYSPRT)  
Organizing Committee  
February 17, 2016

<b>3. Review Minutes</b>	<ul style="list-style-type: none"><li>Individuals were asked to review minutes from the January 20, 2016 meeting. Revision noted: Page 4, EDP needs to be changed to EBP.</li></ul>	January 20, 2016 minutes approved with 1 revision.
<b>4. Report Out Formal Vote – Dissolve CPET or extend suspension and focus on FYSPRT</b>	<ul style="list-style-type: none"><li>Prior to meeting, Julie requested to skip this agenda item as she is still looking into the option of using email to achieve quorum for dissolving CPET</li><li>Action Item: Julie continue to look into dissolving CPET</li></ul>	Informational
<b>5. Review FYSPRT Brochure</b>	<ul style="list-style-type: none"><li>One of our deliverables for our contract with the state is to have a regional brochure. This includes minimum brochure requirements.</li><li>Based upon feedback from January 20<sup>th</sup> meeting, two brochures were given for review and discussion regarding likes/dislikes:<ul style="list-style-type: none"><li>Overall, the response to the brochure was highly positive.</li><li>There were mixed opinions on layout regarding large graphic: some individuals prefer Option 1, some prefer Option 2.</li><li>Recommended changes: Reformat back panel to be less “busy”/crowded; large space in orange on front → what information could be moved to this space?; is there a place to define Behavioral Health?</li><li>Brief conversation regarding the State Map: does it need to be included, or can we simply use a map of the region?</li></ul></li><li>A one page flyer was also presented that has less information<ul style="list-style-type: none"><li>Feedback was very positive and many people prefer the simple flyer format to the brochure</li></ul></li><li>Action Item: Lisa will create a final brochure</li></ul>	Discussion
<b>6. Basecamp Introduction</b>	<ul style="list-style-type: none"><li>Kristen gave an introduction to Basecamp<ul style="list-style-type: none"><li>Online</li><li>Cloud based project management</li><li>Shared platform for individuals to collaborate and provide feedback to one another</li></ul></li><li>The following video was shown (link below)<ul style="list-style-type: none"><li>Gives a brief overview of Basecamp and each of the following features: Campfire, Message Board, To-Dos, Schedule, Docs &amp; Files, and Check-Ins</li><li><a href="https://basecamp.com/help/3">https://basecamp.com/help/3</a></li></ul></li><li>Following the video, discussion ensued regarding how and why Basecamp would be used in the North Sound FYSPRT.<ul style="list-style-type: none"><li>A brief description was given by Kristen regarding client vs. admin functions and roles within Basecamp. Currently, we are not set up for Client use</li></ul></li></ul>	Informational

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7. Data and Reports (via Basecamp)	<ul style="list-style-type: none"><li>• A very brief reference was made regarding the availability of Data and Reports on Basecamp in the future.</li><li>• No Data and Reports shared</li></ul>	Informational
8. Have Your Say Café	<ul style="list-style-type: none"><li>• A brief overview of the Needs Assessment was shared and the purpose of the <i>Have Your Say Café</i></li><li>• The current goal is to have two <i>Have Your Say Café</i> meetings in each of the five counties: one urban, one rural. This will make a total of 10 meetings. Currently we are working on creating a list of possible locations.</li><li>• Each <i>Have Your Say Café</i> meeting will allow us to gather feedback from the community regarding the perceived needs. Discussion ensued regarding who the target participants are for the <i>Cafes</i>.</li><li>• Two different videos were shown to better explain the <i>Have Your Say Café</i> model (links below). Both videos focus on: atmosphere, type of questions used, and facilitation.<ul style="list-style-type: none"><li>○ <b>World Café Guidelines and Principles:</b> A preparatory video for first-time participants and/or hosts of a World Café conversation. The main purpose of this video is to share the underlying principles of the café process.<ul style="list-style-type: none"><li>▪ <a href="https://www.youtube.com/watch?v=YrTKD8NpApY&amp;app=desktop">https://www.youtube.com/watch?v=YrTKD8NpApY&amp;app=desktop</a></li></ul></li><li>○ <b>What is World Café?</b> : produced using the Girl Scouts, this video describes the essence of World Café, a powerful method for bringing people together for lively conversations around questions that matter.<ul style="list-style-type: none"><li>▪ <a href="https://www.youtube.com/watch?v=6m7fpoAacBY">https://www.youtube.com/watch?v=6m7fpoAacBY</a></li></ul></li></ul></li><li>• Julie, Irene, Nina, Georgi and Kristen have created three main categories of information they feel are important to receive information from the <i>Have Your Say Cafes</i>:<ul style="list-style-type: none"><li>○ Understanding people's EXPERIENCE with the behavioral health "system"</li><li>○ What do we KNOW about the system</li><li>○ What are the GAPS in the system</li></ul></li><li>• A brainstorming session ensued to create a list of possible questions to ask that would gather feedback for the above three categories. The following lists were created:<ul style="list-style-type: none"><li>○ <b>Understanding people's EXPERIENCE with the behavioral health "system"</b><ul style="list-style-type: none"><li>▪ How easy or difficult is it for people to access the system?</li></ul></li></ul></li></ul>	Informational with discussion



## Family, Youth, System, Partner, Round Table (FYSPRT)

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	<ul style="list-style-type: none"><li>▪ What causes you and/or your family stress?</li><li>▪ Do your kids (or you) feel accepted?</li><li>▪ What affects your mental health?</li><li>▪ Do you need help now?</li><li>▪ When you needed help could you find it?</li><li>▪ When you needed help, did you know where to look?</li><li>▪ Did you have money/resources to receive the help you needed?</li><li>▪ What would you say is the biggest failure of the system?</li><li>▪ What has stopped you from getting help?</li><li>▪ What was your need?</li><li>▪ What challenges have you had?</li><li>▪ What was helpful?</li><li>▪ What would you do differently?</li><li>▪ What would you recommend for a family who needs assistance?</li><li>▪ What was the biggest help and why?</li><li>○ <b>What do people KNOW about the system:</b><ul style="list-style-type: none"><li>▪ Do you know where to go?</li><li>▪ What services/availability are in your community?</li><li>▪ How do you get your info?</li><li>▪ How/who do/did you work with to access services?</li><li>▪ Who was your navigator (family, doctor, etc.)?</li><li>▪ What are the key resources in your community?</li><li>▪ How do you know when you need help?</li><li>▪ How do you know when someone else needs help?</li><li>▪ If someone came to you needing help, what would you do?</li><li>▪ Who would you call?</li><li>▪ Are there fears with calling the resources (small community)?</li><li>▪ Is there shame/guilt accessing resources?</li><li>▪ Are there hurdles to services?</li><li>▪ Do you know where else to go?</li><li>▪ Are there stigma issues?</li></ul></li></ul>	
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	<ul style="list-style-type: none"><li>○ <b>What are the gaps within the system?</b><ul style="list-style-type: none"><li>▪ What do you wish “the system” <u>knew</u> about your family/community?</li><li>▪ What needs are not being met?</li><li>▪ What is the most important gap? What would be helpful?</li><li>▪ What’s working and how could it be expanded?</li><li>▪ What worked in the past (or in other areas) that is no longer available?</li><li>▪ What keeps you from accessing services?</li><li>▪ Do you know about services?</li><li>▪ What resources/information do you wish you had known?</li><li>▪ What do you want to know?</li><li>▪ If money was no object / you had a magic wand – what need would you fill (in a perfect world)?</li><li>▪ If you could <u>bridge a gap</u> between systems, what would it be?</li><li>▪ What are the barriers?</li></ul></li></ul>	
<b>9. Review Meeting</b>	<ul style="list-style-type: none"><li>• Individuals were asked to fill out the FYSPRT Evaluation Form</li></ul>	<b>Informational</b>
<b>10. Next Meeting</b>	<ul style="list-style-type: none"><li>• Wednesday, March 16<sup>th</sup>, 2016, 1:00-3:00 pm</li></ul>	<b>Informational</b>

Family, Youth, System, Partner, Round Table (FYSPRT)  
Organizing Committee  
April 20, 2016

**Minutes by:** Lisa Hudspeth

**Members Present:** Julie de Losada, Georgi Lakey, Judy Heinemann, Greg Wennerberg, Megan Boyle, Dawn Scott, Anji Jorstad, Jorden Soren-Jahnke, Mark McDonald, Lisa Helsen, Amanda Franke, Irene Richards, Mary Larson, Nina Weaver

**Minutes from Past Meeting:**

- ☒ Approved
- ☐ Approved with changes
- ☐ Deferred until next meeting

Agenda Item	Discussion	Action
1. Introductions	<ul style="list-style-type: none"><li>Julie de Losada convened the meeting at 1:08 pm and initiated introductions.</li></ul>	Informational
2. Review Minutes	<ul style="list-style-type: none"><li>Individuals were asked to review minutes from the February 20, 2016 meeting.</li><li>Julie noted we have not established a quorum to formally vote, but asked individuals to take note of any changes</li><li>Minutes are on the FYSPRT website</li><li>No revisions noted</li></ul>	Review of Minutes
3. Brief Announcements	<ul style="list-style-type: none"><li>Dads Move (Greg Wennerberg)<ol style="list-style-type: none"><li>Meeting was held recently in Oceanside, WA; 20 people attended.</li><li>Currently working with Tribes of Spokane, WA with focus on Individualized Educational Plan (IEP)s and bullying issues.</li><li>There will be another meeting in September 2016</li></ol></li><li>Success Story (Judy Heinemann)<ol style="list-style-type: none"><li>After receiving the appropriate wellness tools, a young woman from Langley, WA graduated from the Island Wraparound Program, finished drug treatment, and was enrolled in a Job Corps Center in Oregon. She also picked up the guitar because of her interest in music and began taking lessons.</li></ol></li><li>Basecamp 3 Introduction<ol style="list-style-type: none"><li>Julie announced Basecamp 3, a private new secure online platform to coordinate activities, share information, and manage projects to keep everyone on the same page.</li><li>By Invitation Only</li><li>It was also noted this is not a place to have any information regarding specific individuals</li><li>Julie noted that if people were interested in being part of the FYSPRT Basecamp to indicate on the sign-in sheet</li></ol></li></ul>	Informational

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	<ul style="list-style-type: none"><li>• State FYSPRT<ol style="list-style-type: none"><li>1. Next meeting is Tuesday May 3, 2016 in Lacey, WA from 10:00 am – 3:00 pm.</li><li>2. Typically we sent our parent partner; would also like to send a youth.</li><li>3. If anyone is interested in participating please email Julie de Losada.</li></ol></li><li>• North Sound Mental Health Administration to North Sound Behavioral Health Organization Transition<ol style="list-style-type: none"><li>1. Julie announced that we are no longer a Regional Support Network (RSN); as of April 1, 2016 a Behavioral Health Organization with oversight for both Mental Health and Substance Use Disorder services.</li><li>2. All staff email addresses have changed; however, emails sent to old addresses will be forwarded.</li><li>3. It was also noted that we are taking active steps towards what integrated services will look like in the future.</li></ol></li><li>• Snohomish County Youth Mental Wellness Fair<ol style="list-style-type: none"><li>1. Adults, children and youth are all encouraged to attend</li><li>2. 90 vendors will be present, free workshops and activities available.</li><li>3. This all day event is scheduled for May 07, 2016 from 10:00am – 4:00pm with special guests Casper Babypants playing at 10:00am and Former NFL player Trent Shelton giving a motivational speech at 1:00pm.</li></ol></li></ul>	Informational
<b>4. Introduction to FYSPRT Roles / Responsibilities</b>	<ul style="list-style-type: none"><li>• We are currently in the state of figuring out how we implement the state deliverables. Page 10 of the FYSPRT Manual was referred to; specifically regarding the following roles:<ol style="list-style-type: none"><li>1. Family Partner</li><li>2. Youth Partner</li><li>3. System Partner</li><li>4. Convener<ul style="list-style-type: none"><li>▪ It was asked if the convener needed to be a system partner. The answer given was no. Currently, North Sound BHO is both the convener and system partner</li></ul></li></ol></li><li>• Intention is to have:<ol style="list-style-type: none"><li>1. Consistent members</li><li>2. Ability to bring and use your experience, insight, knowledge, and connections to further goals and missions of FYSPRT (including building local FYSPRTs)</li><li>3. By 2018 we would like to see a local FYSPRT in each county</li><li>4. Educate others about FYSPRT</li></ol></li></ul>	Informational / Discussion

## Family, Youth, System, Partner, Round Table (FYSPRT)

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April 20, 2016

	<ul style="list-style-type: none"><li>Julie voiced that our hope is to contract with a non-profit organization to take over the business aspects of the FYSPRT; ideally by June 2016.<ol style="list-style-type: none"><li>Needs to be a local organization based in one of the five counties who are part of our Interlocal Agreement (Island, San Juan, Skagit, Snohomish, and Whatcom).</li><li>Budget has been approved by the Board: 30 hours/month, up to \$60,000. Payments would coordinate with deliverables</li><li>Margaret Rojas is working on the application and hopes to get out by Friday April 22, 2016. She will provide a date as to when applications need to be submitted.</li></ol></li><li>Julie reviewed pages 26 – 29 of the FYSPRT manual<ol style="list-style-type: none"><li>Regional Membership (page 26)<ul style="list-style-type: none"><li>Need to have a balance of youth and parent/care-giver. Must make up 51% of membership</li><li>We also want to acknowledge that many professionals have experiences either personally or as care-givers/parents</li><li>Georgi noted what worked and didn't work with Dads Move in the past: time of day was a struggle, finding rooms to reserve, difficult to communicate what FYSPRT was</li></ul></li></ol></li><li>The <i>Tri Lead Position Descriptions and Responsibilities</i> chart was referred to (pages 27-29)</li><li>The final FYSPRT brochure was handed out</li><li>Action Item: Greg requested 100 FYSPRT brochures sent to him by 05/03.16.</li><li>Action Item: Julie will get in touch with regional contact to figure out how to reach out to Home Schooled children.</li></ul>	
<b>5. Have Your Say Café</b>	<ul style="list-style-type: none"><li>One of our deliverables to the state is a Needs Assessment. This was due in the 1<sup>st</sup> quarter, however we wanted to take a more meaningful approach.</li><li>We will be working with Tim Corey, who is a graphic recorder who documents the process so that you end up with a visual representation</li><li>Goal is to have two meetings in each county (inner urban and county). Meetings are in the process of being scheduled.</li></ul>	Informational / Discussion

Family, Youth, System, Partner, Round Table (FYSPRT)  
Organizing Committee  
April 20, 2016

	<ol style="list-style-type: none"><li>1. Island County Meetings:<ol style="list-style-type: none"><li>a. Coupeville Center; still inquiring</li><li>b. Oak Harbor Library; still inquiring.</li></ol>Action Item: Look for locations in Langley on Whidbey Island because public transportation is very sparse. Also check public library on Camano Island.</li><li>2. San Juan County Meetings:<ol style="list-style-type: none"><li>a. Friday Harbor Grange; no date established.</li></ol>Note: San Juan County is very island centric. It was recommended it would be best to have a meeting on each island (Orcas, San Juan, and Lopez).</li><li>3. Skagit County Meetings/Ideas:<ol style="list-style-type: none"><li>a. Burlington Public Library on 05/23/2016; sometime in afternoon.</li><li>b. Concrete Community Center on 05/31/2016; between 3:00 - 7:00.</li></ol></li><li>4. Snohomish County Meetings/Ideas:<ol style="list-style-type: none"><li>a. Darrington Library on 06.01.2016; 12:30 - 4:30pm,</li><li>b. Everett Main Library on 06.03.2016; 12:30-any time after.</li></ol>Action Item: Look for meeting location in Monroe, WA.</li><li>5. Whatcom County Meetings/Ideas:<ol style="list-style-type: none"><li>a. Bellingham Squalicum Harbor Boathouse; waiting to hear back from office to schedule time.</li><li>b. Kendall East Whatcom Recreation Center - waiting to hear back from office to schedule time.</li></ol></li></ol> <ul style="list-style-type: none"><li>• There was brief conversation regarding how do we speak to individuals regarding managing expectations of outcomes</li><li>• Action Item: Invite community Mobile CSOs to the meetings.</li><li>• Action Item: Set up meeting/conference call with Tim Corey, Georgi, Nina, Greg and Julie to discuss recording meetings and narrow down meeting questions.</li></ul>	Informational / Discussion
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Family, Youth, System, Partner, Round Table (FYSPRT)  
Organizing Committee  
April 20, 2016

<b>6. WISe Update</b>	<ul style="list-style-type: none"><li>Julie mentioned that Irene is in the process of becoming a Wraparound with Intensive Services (WISe) trainer. Georgi is currently trained and will be teaming up with Irene to train locally</li><li>Snohomish County Update: Currently at capacity with 120. There are 2 expected discharges between now and July; 25 referrals are waiting. There was a big expansion in July 2015 and October 2015; in the last year staff doubled and there are currently staff openings for care coordinators, care providers and physicians.</li><li>Whatcom County Update: Current capacity is 48, currently almost full. Currently work is being done to bring in new staff.</li><li>Skagit County Update: Current Capacity is 32, currently full</li><li>Access flow chart and info sheets were shared as tools that allied providers and families can use to help understand the WISe process and what WISe offers.</li></ul> <p>Action Item: Post links on Basecamp to Access flowchart and Info Sheets</p>	Informational / Discussion
<b>7. Systems of Care Institute 2017 (SOCI)</b>	<ul style="list-style-type: none"><li>Julie announced that the next Systems of Care Institute (SOCI) Conference will be 05/04/2017 -05/05/2017 at the Holiday Inn in Everett, WA.</li><li>She would like this group to participate in the planning of this meeting.</li></ul>	Informational
<b>8. FYSPRT Work Plan</b>	<ul style="list-style-type: none"><li>Topic deferred until next meeting.</li></ul>	Deferred
<b>7. Next Meeting</b>	<ul style="list-style-type: none"><li>Next meeting scheduled for June 15, 2016 1:00 – 3:00pm</li><li>It was suggested to have a virtual meeting in May via significant communication within Basecamp.</li></ul>	Informational

Family, Youth, System, Partner, Round Table (FYSPRT)  
Organizing Committee  
June 15, 2016

**Minutes by:** Lisa Hudspeth

**Members Present:** Julie de Losada, Georgi Lakey, Judy Heinemann, Greg Wennerberg, Raju Dahlstrom, Linda Richardson, Dawn Scott, Anji Jorstad, Amanda Franke, Irene Richards, Carol Bailey, Liza Patchen-Short, Megan Cornwell, Lisa Helsen

**Minutes from Past Meeting:** ☒ Approved  
☐ Approved with changes  
☐ Deferred until next meeting

Agenda Item	Discussion	Action
1. Introductions	<ul style="list-style-type: none"><li>Julie de Losada convened the meeting at 1:00 pm and initiated introductions.</li></ul>	Informational
2. Review Minutes	<ul style="list-style-type: none"><li>Individuals were asked to review minutes from the April 20, 2016 meeting.</li><li>No revisions noted</li></ul>	Review of Minutes
3. Brief Announcements	<ul style="list-style-type: none"><li>Children's Wellness Fair (Anji Jorstad)<ul style="list-style-type: none"><li>Expectation were far exceeded with over 800 attendees</li><li>Will be held annually<ul style="list-style-type: none"><li>Next Year: May 6, 2017</li></ul></li></ul></li><li>North Sound Behavioral Health Organization (BHO) Update (Julie)<ul style="list-style-type: none"><li>Fully into the BHO</li><li>There have been some bumps in the road, but entire state is in the same place attempting to connect the MH and SUD systems</li><li>Prior to April 1, 2016 transition, all individuals in the SUD system were pre-authorized to ensure treatment would continue</li></ul></li><li>Compass Health (Island County / Judy Heinemann)<ul style="list-style-type: none"><li>Will be going from WRAP to WISE</li><li>Megan Boyle, associate director for WISE, will be overseeing</li><li>New program manager, Louis Cox, has been hired</li></ul></li><li>Introduction of North Sound BHO Intern Megan Cornwell (Julie)<ul style="list-style-type: none"><li>Megan is studying social work at University of Portland</li><li>Very interested in connecting with others about possible career paths</li><li>If you are interested in scheduling a brief time to meet with Megan, contact Julie</li></ul></li></ul>	Informational



## Family, Youth, System, Partner, Round Table (FYSPRT)

### Organizing Committee

June 15, 2016

<b>4. Have Your Say Café</b>	<ul style="list-style-type: none"><li>• Julie gave a brief overview of the purpose of the <i>Have Your Say Cafés</i><ul style="list-style-type: none"><li>○ Part of the FYSPRT contract with the state is to do a community needs assessment</li><li>○ North Sound BHO has previously done <i>Have Your Say Cafés</i> and it seemed appropriate to tie this format to the needs assessment</li><li>○ The current plan is to have two <i>Cafés</i> in every county, with the exception being Island (1)</li><li>○ We have hired Tim Corey, a graphic artist who will facilitate and create a graphic representation<ul style="list-style-type: none"><li>▪ When <i>Cafés</i> have been completed, Julie will meet with Tim to process findings and select strategies for each county</li><li>▪ Greg asked if he will be coming to the Coupeville <i>Café</i>: Answer given, yes</li><li>▪ Dawn inquired about the possibility of using Tim's info for helping with WISe trainings</li></ul></li><li>○ Julie noted that there is also an online survey for people who cannot attend but are interested in participating</li></ul></li><li>• Registration for <i>Cafés</i> is online via Survey Monkey<ul style="list-style-type: none"><li>○ Greg noted that the addresses do not show online</li><li>○ Julie noted there is a limited amount of space for entering information</li><li>○ Lisa H will send a confirmation email to all participants that contains more specific information, including address</li></ul></li><li>• Brief conversation ensued regarding advertising <i>Cafés</i> and other possible forums for the needs assessment. Possible ideas:<ul style="list-style-type: none"><li>○ In Snohomish County, go out to smaller groups (i.e. NAMI)</li><li>○ Judy recommended sending to Pediatric Departments (Everett County, Community Health Center, Peacehealth Pediatrics, HR departments, Dr. Ellen Cavinough)</li><li>○ Greg Wennerberg recommended advertising with the tribes and newspapers</li><li>○ Liza recommended using social media to our advantage</li><li>○ Judy – put on website at Compass</li><li>○ Georgi recommended putting it out to WISe families</li><li>○ Other ideas: shelters, youth detentions</li></ul></li><li>• Brief conversation ensued regarding how to incentivize participation<ul style="list-style-type: none"><li>○ Julie shared that, to date, we are prohibited due to Medicaid dollars</li><li>○ In the past, North Sound BHO has contracted with other entities to help facilitate (NAMI recommended)</li></ul></li></ul>	Informational
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## Family, Youth, System, Partner, Round Table (FYSPRT)

### Organizing Committee

June 15, 2016

	<ul style="list-style-type: none"><li>○ Julie noted that it is much easier to contract with a current provider</li><li>○ Have FYSPRT funds that could be used</li><li>• Greg brought up the use of gas cards to help provide transportation<ul style="list-style-type: none"><li>○ Julie shared that we could borrow from Advisory Board policies if need be</li></ul></li></ul>	
<b>4. FYSPRT RFQ</b>	<ul style="list-style-type: none"><li>• Julie shared that a Request for Qualifications (RFQ) went out this week to contract out FYSPRT<ul style="list-style-type: none"><li>○ Initially written for an individual to apply; however this idea was not fully supported and final requirement is an organization</li><li>○ Julie noted that the RFQ was not worded as expected and will need to be fixed<ul style="list-style-type: none"><li>▪ Worded to appear as a request for a parent partner</li><li>▪ Julie will be working with Margaret Rojas to clear up language</li></ul></li><li>○ Intention is to find someone who has time to dedicate to facilitating and convening the FYSPRT process and meetings as well as ensuring that we are complying with the contract</li><li>○ Contract is up to \$60,000 for one year</li><li>○ Deadline is June 20<sup>th</sup>, however will need to be expanded due to need for corrections</li></ul></li></ul>	<b>Informational</b>
<b>5. Systems of Care Institute 2017</b>	<ul style="list-style-type: none"><li>• Systems of Care Institute 2017 (SOCI)<ul style="list-style-type: none"><li>○ This will be the 4<sup>th</sup> SOCI (almost 5<sup>th</sup> as there was a previous institute called Bridging Families)</li><li>○ Decision was made to be held every other year</li><li>○ Typically 300 attendees</li><li>○ Scheduled for May 4<sup>th</sup> – 5<sup>th</sup>, 2016 (coincides with Snohomish County Children's Mental health Week)</li><li>○ Just learned today that regular venue (Everett Holiday Inn) was purchased by Marriott and will be under renovation<ul style="list-style-type: none"><li>▪ Greg noted that there are two new hotels in Everett: Marriott on Colby and Hampton Inn</li><li>▪ Edward Hansen Conference Center also recommended; however it is currently booked and very pricey</li><li>▪ Casinos discussed as possible venue – however strong concern that not family friendly enough. Consensus is to pursue other</li></ul></li><li>○ Desire is to remain in Everett as attendance seems better</li></ul></li></ul>	

Family, Youth, System, Partner, Round Table (FYSPRT)  
Organizing Committee  
June 15, 2016

	<ul style="list-style-type: none"><li>• Julie noted she would like to do planning through this group; otherwise can do small group to help plan<ul style="list-style-type: none"><li>○ All individuals present favorable of running through this group</li></ul></li><li>• Need to start sending out save the dates (location TBD); and have a theme. Has to be about Children's, Family and the Systems that support them. Intention is all about workforce development. Brainstorming ensued regarding possible themes:<ul style="list-style-type: none"><li>○ Wellness and Resilience</li><li>○ Partners/Partnerships (focus on working together)</li><li>○ Building Bridges – Wellness and Resilience</li><li>○ Families are Experts (or Families as Experts)</li><li>○ Incorporate word partner</li><li>○ Sharing Solutions: Family and Systems or Family and Systems Sharing Solutions</li><li>○ Partnering with Youth and Family to build wellness and resiliency</li><li>○ Families and Systems – Creating Today's Vision and tomorrow's reality</li><li>○ Families and Systems – Partners in Wellness</li><li>○ Families + Systems = Partners in Wellness</li><li>○ Fostering Family Futures through Wellness, Healing and Resilience</li></ul></li><li>• Julie will send out final two choices (highlighted in blue above) for individuals to vote on</li><li>• Discussion ensued regarding registration and cost<ul style="list-style-type: none"><li>○ Currently researching all the rules regarding how to collect money (in the past ESD was partner for payment). Possible avenues to collect registration: EventBright, Brown Paper Tickets<ul style="list-style-type: none"><li>▪ Unknown if we can use above as they are essentially defined as escrow agencies</li><li>▪ Bill Whitlock, North Sound BHO Fiscal Manager currently looking at what is possible</li><li>▪ Judy noted that Compass has the training center which could possibly be a partner; she will talk to Stacey</li></ul></li><li>○ In the past, there was no money for conference and registration has been \$150-\$190 for two day event with all Continuing Education Units (CEUs) included</li></ul></li></ul>	Informational / Discussion
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## Family, Youth, System, Partner, Round Table (FYSPRT)

### Organizing Committee

June 15, 2016

	<ul style="list-style-type: none"><li>○ Currently North Sound BHO is well positioned financially and has more money than ever before to allocate towards training specifically targeting our workforce. Should registration cost be lowered?<ul style="list-style-type: none"><li>▪ One concern noted: if we do not charge people, it is very easy for them to reprioritize their day and not come</li><li>▪ If Julie is able to reduce cost, she is thinking \$50/two days (including CEUs)<ul style="list-style-type: none"><li>• Dawn Scott noted this would allow their agency to send more people</li><li>• It was noted that family and youth are always free</li></ul></li></ul></li></ul>	
<b>6. FYSPRT Update</b>	<ul style="list-style-type: none"><li>• Irene shared an update for the Statewide FYSPRT<ul style="list-style-type: none"><li>○ Both Georgi and Irene attended</li><li>○ All regions reported out updates. Significant highlights:<ul style="list-style-type: none"><li>▪ Reoccurring Theme: how to bring family and youth to table<ul style="list-style-type: none"><li>• Youth In Action offered to help as a consultant for youth engagement</li></ul></li><li>▪ There is confusing around the WISe Manual (says there should be a Community Collaborative and a FYSPRT)<ul style="list-style-type: none"><li>• State's response to this confusion: main purpose is to have a way to: (1) hear if there are barriers identified, (2) issues with families in WISe that cannot be resolved at the local level and that (3) there is a mechanism to hear about issues</li><li>• Ultimately, it was agreed at a later meeting to use FYSPRT and explain how deliverables can be achieved in one or the other (rather than having both)</li></ul></li><li>▪ There is a workforce shortage<ul style="list-style-type: none"><li>• Brainstorm ensued regarding what may help. Possible ideas included (1) student loan forgiveness and (2) Modifying background checks for peer mentors (minor infractions)</li></ul></li><li>▪ Georgi noted that other groups are offering trainings and seem to be having higher attendance</li><li>▪ Next State FYSPRT meeting is August 11<sup>th</sup> from 10 am – 3 pm in Lacey (call in no longer an option)</li></ul></li></ul></li></ul>	<b>Informational / Discussion</b>

## Family, Youth, System, Partner, Round Table (FYSPRT)

### Organizing Committee

June 15, 2016

	<ul style="list-style-type: none"><li>• Regional FYSPRT Update (Julie)<ul style="list-style-type: none"><li>○ There is a requirement for routine reports and presentations. Julie recommended calendaring specific data reports/presentations</li><li>○ Judy inquired if it is a requirement to be presenting data. Julie responded there is a requirement to present WISE data.<ul style="list-style-type: none"><li>▪ Greg inquired about BHAS. Julie's response: If we report on WISE data with this group, we will not be reporting State data. Instead, it would be specific to North Sound.</li></ul></li><li>○ It was proposed to have WISE families present at a FYSPRT meeting, including barriers they encountered before WISE.<ul style="list-style-type: none"><li>▪ Goal: October 19<sup>th</sup></li><li>▪ Julie noted that if transportation costs are a barrier to let her know</li><li>▪ Start with caregivers, then move to youth if possible</li></ul></li></ul></li><li>• Discussion ensued regarding other possible topics to discuss at regional FYSPRT<ul style="list-style-type: none"><li>○ Georgi noted other topics FYSPRTs have used: IEPs, bullying</li><li>○ Anji brought attention to the work being done in Snohomish County by the Children's Wellness Committee<ul style="list-style-type: none"><li>▪ Current focus is to develop a Trauma Toolbox for schools to use</li></ul></li><li>○ Greg shared that Peg LeBlanc used to be part of a group in San Diego that used clinical strategies. Julie noted that this presentation is more clinical in nature.</li><li>○ Increasing Empathy</li><li>○ Julie shared the work Skagit County is doing to launch school based services (including primary care)</li><li>○ Anji: what are different schools doing in our region and what are the gaps in our region</li><li>○ Anji recommended having a month dedicated to each county coming and sharing. This would be a great opportunity to hear from people who are on the ground and can share what is missing</li></ul></li></ul>	Informational
<b>7. Next Meeting</b>	<ul style="list-style-type: none"><li>• Next meeting: TBD</li></ul>	Informational

Family, Youth, System, Partner, Round Table (FYSPRT)  
Organizing Committee  
July 20, 2016

**Minutes by:** Lisa Hudspeth

**Individuals Present:** Julie de Losada, Georgi Lakey, Greg Wennerberg, Irene Richards, Liza Patchen-Short, Amanda Frankie, Megan Boyle, Lisa Hudspeth, Mary Larson

Agenda Item	Discussion	Action
1. Introductions	<ul style="list-style-type: none"><li>Julie de Losada convened the meeting at 1:10 pm and initiated introductions.</li></ul>	Informational
2. Review Minutes	<ul style="list-style-type: none"><li>Individuals were asked to review minutes from the June 15, 2016 meeting.</li><li>Revision noted: addition of Lisa Helsen to attendees</li><li>Notes approved with revisions<ul style="list-style-type: none"><li>Julie requested that the term “notes” be used in place of minutes</li></ul></li></ul>	Review of Notes
3. Brief Announcements	<ul style="list-style-type: none"><li>Greg Wennerberg shared about Dad’s Move<ul style="list-style-type: none"><li>Fall Retreat @ Fort Casey</li><li>Follow-up to determine dates</li></ul></li><li>Paper Tiger Screening (Liza)<ul style="list-style-type: none"><li>November 1<sup>st</sup> – Screening@ Historical Theater</li><li>November 2<sup>nd</sup> – invitational for community and school members. 7:30 am – 1:30 pm (still to be finalized)</li><li>OSD and OSI partnering</li></ul></li><li>Megan Boyle – Island County has moved to WISe<ul style="list-style-type: none"><li>This is two years ahead of schedule</li><li>Julie noted the only county without WISe is San Juan County<ul style="list-style-type: none"><li>Julie is not sure how WISe would be feasible in San Juan County</li></ul></li></ul></li><li>School Based Health Alliance Conference (Julie)<ul style="list-style-type: none"><li>Skagit County sent Julie to the conference in Washington D.C. in late June</li><li>We would like to see a scenario where a clinician sees themselves as an employee of the provider, but also sees themselves as part of the school team</li><li>Some current goals are (1) increasing school leadership buy-in (2) accountability for clinicians and providers and (3) cross-training</li></ul></li></ul>	Informational

## Family, Youth, System, Partner, Round Table (FYSPRT)

### Organizing Committee

July 20, 2016

	<ul style="list-style-type: none"><li>• Request for Qualifications (RFQ) – Julie<ul style="list-style-type: none"><li>○ Goal is still to find a conveyer for the FYSPRT</li><li>○ Julie has not been notified regarding what is being done about the RFP being sent out incorrectly (refer to June 2016 notes for more details)</li></ul></li><li>• Conversation about meeting time and date<ul style="list-style-type: none"><li>○ Feeling is that at this time, 2 hours is not necessary. No one is in disagreement regarding changing to one hour</li><li>○ Recommendation: Beginning or end of the day</li><li>○ Idea of 12:30-1:30 and offer lunch</li><li>○ How does this look for sharing data?<ul style="list-style-type: none"><li>▪ Send larger data picture out and share snapshot</li><li>▪ Irene noted that sharing graphs without narrative can be tricky</li></ul></li></ul></li></ul>	
<b>4. FYSPRT Website</b>	<ul style="list-style-type: none"><li>• Georgi would like to see more information put on the website</li><li>• Julie asked Georgi if she would be willing to oversee ensuring that information gets to Dad Move<ul style="list-style-type: none"><li>○ Julie: would we like Georgi to bring items to us regarding “well-being of children” for approval?<ul style="list-style-type: none"><li>▪ Those present feel that if it is regarding well-being of children, okay to put on website</li></ul></li></ul></li><li>• Idea of a “bulletin board” online for people to enter their own information IF moderated somehow<ul style="list-style-type: none"><li>○ Proposed that Nelson (Dads Move) and Georgi help moderate</li></ul></li><li>• <b>Action Item</b>: Nelson Rascon to list to receive notes</li><li>• <b>Action Item</b>: Add Website to next month’s meeting and invite Nelson to attend or call in</li><li>• <b>Action Item</b>: Lisa H – send everyone a direct link to website<ul style="list-style-type: none"><li>○ Do you have recommendations?</li></ul></li><li>• Idea: have a contest to have input from families/youth to help determine image</li></ul>	

## Family, Youth, System, Partner, Round Table (FYSPRT)

### Organizing Committee

July 20, 2016

<b>5. Have Your Say Café Update</b>	<ul style="list-style-type: none"><li>• Have had six Cafés so far<ul style="list-style-type: none"><li>○ Cancelled: Darrington, Concrete, Kendall due to extremely low registration</li></ul></li><li>• As part of the registration, 53% of registrants said they would like more information about FYSPRTs<ul style="list-style-type: none"><li>○ Lisa H will be getting registration information to Georgi to connect with individuals who expressed interest</li></ul></li><li>• Breakdown of Registrants:<ul style="list-style-type: none"><li>○ Over 105 people</li><li>○ No Youth registered</li><li>○ 1 DSHS employee</li><li>○ Many connected to human services or North Sound BHO</li></ul></li><li>• San Juan County best attended (Orcas Island and Friday Harbor)<ul style="list-style-type: none"><li>○ Geography is very unique</li><li>○ No DSHS office that is staffed, so even to get Medicaid eligibility is difficult</li><li>○ Many concerns regarding CPS<ul style="list-style-type: none"><li>• Struggle with Ferry constraints for CPS workers</li></ul></li></ul></li><li>• Liza noted she feels it is a huge miss to not have child/youth voice.<ul style="list-style-type: none"><li>○ Recommends going someplace such as Cocoon House or Denny Youth Center w/ Tim to receive their input</li><li>○ Lisa H will work w/ Liza to arrange</li></ul></li><li>• Update on Youth Partner: Julie saw Nina who would like to come. Unclear if she would be coming to simply participate or would like to reassume Youth lead role<ul style="list-style-type: none"><li>○ Ideas of other youth outreach: Alternative Schools, Community College</li><li>○ Recommended to have bus passes available</li><li>○ Irene noted that when she was in Arizona, they hired some Youth Peers</li><li>○ Julie: what if we created a nomination form regarding what Youth could receive from participation (51 min)</li><li>○ Liza: look at Monroe Youth Coalition, Legislative Youth Advisory Committee (LYAC)</li><li>○ Irene will look at creating a nomination form. Irene did note would this be intimidating. Perhaps</li><li>○ Constraints of Youth Involvement Discussed</li></ul></li></ul>	
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Family, Youth, System, Partner, Round Table (FYSPRT)  
Organizing Committee  
July 20, 2016

<b>Systems of Care Institute</b>	<ul style="list-style-type: none"><li>• Title and Theme still need to be determined<ul style="list-style-type: none"><li>○ <b>Action Item:</b> Lisa H will send out final two choices on Basecamp and via Survey Monkey</li></ul></li><li>• Greg inquired about location<ul style="list-style-type: none"><li>○ Julie believes our conference planning team are speaking with Lynnwood conference center and Comcast</li><li>○ Greg brought up Casinos location</li><li>○ Liza noted that Tulalip is different than other casinos</li></ul></li><li>• <b>Action Item:</b> Lisa H schedule Mandy to come and give update regarding planning for SOCI</li></ul>	
<b>WISe Feedback for the State</b>	<ul style="list-style-type: none"><li>• State is in the process of updating WISe manual and would like to know:<ul style="list-style-type: none"><li>○ Are WISe Information Sheet and the WISe Overview Video being used?<ul style="list-style-type: none"><li>▪ Yes, providers are using Information Sheet</li><li>▪ Improvements: As a group, if we are using, use the Family or Youth version</li><li>▪ Recommend: Link on website to WISe provider agencies</li><li>▪ Greg will commit to looking at other FYSPRT sites</li><li>▪ Recommendation to add Information Sheets and WISe video onto FYSPRT website</li><li>▪ Megan Boyle will have her team link on their website</li></ul></li><li>○ If using information, techniques, and materials on WISe (created by your region) to educate youth and families (either about what WISe is or what youth and families can expect from the WISe process), please share the materials with us and specify how the information is being shared or distributed</li><li>○ Do regional FYSPRT members feel the <i>youth, families and system partners (such as school personnel) in your communities</i> have adequate information and understanding of WISe. Are there specific gaps in information that you need assistance with?</li><li>○ Do regional FYSPRT members feel <i>they</i> have adequate information and understanding of WISe? Are there specific gaps in information that you need assistance with?</li></ul></li></ul>	
<b>7. Next Meeting</b>	<ul style="list-style-type: none"><li>• Next meeting: Wednesday, August 17<sup>th</sup>, Time to be determined</li></ul>	<b>Informational</b>

**North Sound Behavioral Health Organization (North Sound BHO)**  
**Family, Youth, System Partner Roundtable (FYSPRT)**  
**North Sound BHO - Conference Room Whatcom**  
**MEETING SUMMARY**

Family, Youth, System Partner Roundtable (FYSPRT)			
12.21.2016		12:00 p.m. – 1:30 p.m.	CR_Whatcom
Meeting called by:	Julie De Losada		
Note taker:	Carolyn Radach		
Attendees:	Dawn Scott (Catholic Community Services), Lisa Husen (DSHS), Christine Valdez (Skagit Public Health), Carol Bailey (DCFS), Nina Weaver (Catholic Community Services), Amanda Franke (Snohomish County), Liza Patche-Short (Snohomish County), Jennifer Alderman (Snohomish County), Mary Larson (DDA)		
North Sound BHO Attendees:	Julie De Losada, Irene Richards, Kristin Hagin, Carolyn Radach		

#### Announcements and Updates

- Carolyn was introduced as the new Administrative personnel for Family Youth System Partner Roundtable (FYSPRT).

#### Transfer to Skagit County

12:05 Julie de Losada

ACTION: Action/Decision ( ) Discussion ( ) For Information Only (x)

##### Overview:

Information about the transfer of Julie, and FYSPRT, to Skagit County.

##### Discussion Points:

- Julie spoke about her transfer to Skagit County Public Health starting 12/29/2016.
- Skagit County will be taking over a portion of the FYSPRT contract.
  - Julie wants to have a part time convener dedicated to coordinating FYSPRT.
  - Meetings will still be held at North Sound BHO.
  - Julie noted that a future conversation will take place to discuss what meeting time will work best in 2017.
- Part of the reason for the transfer is so that FYSPRT can get the time and attention needed to convene properly.
  - Nina, Georgie, Julie, and Irene will have more time to set the FYSPRT agenda moving forward.

#### Youth Tri-Lead

12:10 Julie de Losada

ACTION: Action/Decision ( ) Discussion ( ) For Information Only (x)

##### Overview:

Julie spoke about the contracts for the FYSPRT Tri-Lead.

Discussion Points:

- Nina is officially contracted with North Sound.
  - Role is to bring a youth and family voice to FYSPT.
  - Contract language is being updated to contribute to the relevancy of the group.

**FYSPT Website**

12:11 Julie de Losada

ACTION: Action/Decision ( ) Discussion ( ) For Information Only (x)

Overview:

Nelson was not available to give an update on the website.

Discussion Points:

- Website needs to become more functional.
  - This responsibility will fall to the future convener for FYSPT to ensure that content is appropriate.

**SOCI Update**

12:12 Julie de Losada

ACTION: Action/Decision ( ) Discussion ( ) For Information Only (x)

Overview:

A system update was given on System of Care Institute (SOCI).

Discussion Points:

- SOCI usually held every two years.
  - BHO has suspended all conferences for 2017 due to the outlook of future Medicaid funding.
- Skagit County offered to pay for it.
  - North Sound BHO declined offer due to the necessary involvement of the BHO.
  - Should funding become available Skagit County has committed to help coordinate it SOCI.

**Have Your Say Café Update**

12:15 Julie de Losada

ACTION: Action/Decision ( ) Discussion ( ) For Information Only (x)

Overview:

Hosted in the spring & summer of 2016. The idea was to invite the community to share what is working, and not working, in order to produce an effective work plan for FYSPT in 2017.

## Discussion Points:

- Julie presented a Prezi power-point.
  - Highlights included discussions on the current state, and future, state of the system.
- 1. Current State**
- Julie and Kristin spoke about the experience at Denny Juvenile Justice Center in Everett, WA.
  - Different levels of inmates were identified in order to understand their needs.
    - ✓ Based on bracelet identifiers, not all the programs discussed were appropriate for every individual that attended.
  - Teachers were involved and spoke about the success of the WHATIF project.
  - Julie would like to reach out to Cocoon House and Oasis for future Have Your Say Café's.
- Orcas and San Juan Counties
  - Received with critiques of lack of resources and DSHS outreach.
  - Sherriff did not have a connection to children's administrative supervisor.
    - ✓ Contact was able to be made with the help of the BHO.
  - Attendees of this Have Your Say Café were receptive to guidance as to how to move forward.
- Julie addressed what aspects of the system were working and not working for people receiving services.
  - What is working:  
Medicaid Expansion, School Based Services, Drug Courts, Peer to Peer Supports, Cross System Approaches, Primary Care Integration, Compassionate Workforce, Building Resilience, Tele-Psychiatry, Community Cooperatives
  - What is not working:  
Lack of Children's Crisis System, Access Across Systems, Placements vs. Forever Homes, Lack of Pediatric Psychiatrists, Affordable Summer Activities, Housing, Individual vs. Family Focus, Hospitals and Detentions, Not Enough Prevention Work, Youth Suicides, Transportation
- 2. Future state**
- Julie encouraged the group to consider what we want the system to look like in the future.
  - Care for Entire Family, Money Follows the Child and Family vs. the System, Families and Youth and Workforce are Informed, One Stop Shop (Co-Locating Services), Child or Family Focused Crisis System, More Social Activities, Affordable Housing, Multiple Access Points

## Conclusion/Outcomes

- Julie recommends focusing on the upcoming year.
  - FYSPRT will need to organize data.
  - Prioritize needs.
  - Focus needs across systems.
- Questions...
  - How many people were involved? Including youth and caregivers?
    - ✓ More caregivers than youth were involved. Julie estimates that the total amount of youth involved was about five.
    - ✓ More youth needs to be involved in further growth and discussions.
  - How was cultural diversity represented?
    - ✓ One hearing impaired individual and some tribal representation was present.
    - ✓ Not a lot of cultural diversity in part due to lack of regional diversity in general.
- Julie encouraged the group to think about a work plan moving forward.

## Dedicated Marijuana Account Fund

1:07 Julie de Losada

ACTION: Action/Decision ( ) Discussion ( ) For Information Only (x)

### Overview:

- Julie addressed how the money is distributed and what it can be used for.

### Discussion Points:

- Historically, Medicaid dollars cannot be spent on prevention. However, part of the law for the marijuana sales tax states that the money can be used for prevention services.
  - The state's contract with the BHO does not acknowledge its use for prevention services.
  - Julie is looking for North Sound leadership to make a decision on the use of the tax money for preventative services.
- State has taken the dedicated marijuana sales tax dollars and distributed it among different groups. This includes:
  - Office of Super Intendant of Public Instruction (OSPI), University of Washington (UW), Division of Behavioral Health and Recovery (DBHR) (including the BHO's), and Counties.
- Surplus of the sales tax dollars now exists for North Sound. Without guidance from the state North Sound was researching how it may best be utilized.
  - North Sound offered the money to the five counties supported it supports.
  - Each county submitted proposals for how they would use the allocated funds.
- The State finally gave guidance on how to use the money. Guidelines include:
  - Has to be used to High School and Middle school populations.
  - Have to ensure that youth, who do not have Medicaid (up to 220% of the poverty level), have access to treatment services.
  - Can allow for a 15% marketing/training allowance.
  - 85% of the services offered have to be evidence based practices (EBP) and up to 15% can be promising, or best-based, practices.

## Conclusion/Outcomes

- Decisions on the proposals from the counties will be made prior to Julie's departure.
  - Contract language will include regular reporting to FYSPRT on how the money is being used.
  - Contracts will be renewed on an annual basis.

#### WISe Audit

12:43

Irene Richards

ACTION: Action/Decision (☐) Discussion (☐) For Information Only (☒)

#### Overview:

- Irene gave an over view of what is involved with the audit of the Wraparound with Intensive Services (WISe) program.

#### Discussion Points:

- Irene delivered audit results on a Power Point presentation. Highlights included...
  - A. A background of the WISE program.
  - B. The method used for collecting data.
    - 32 questions containing Yes (N), No (N) and Not Applicable (N/A) answers.
    - Success rates were reviewed with each provider.
  - C. The benchmark numbers for the data.
    - Benchmark was set at 85%.
  - D. The strengths and challenges of the program data.
    - Irene described five strengths and five challenges that were ascertained from the audit data.
    - Strengths:
      1. There is a CANS screen, completed within 10 business days of receiving the referral, documenting eligibility for WISE services, 85%.
      2. CFT includes the youth, parents/caregivers, relevant family members, natural and community supports or it is an identified need, 95.6%.
      3. There is documentation of transition planning within the CFT meetings to address successful transition away from formal supports as informal supports are in place and providing needed support, 93%.
      4. Documentation peer provided support in developing self-advocacy and support in promoting socialization, if identified as a need in the CSCP, 94.8%.
      5. Documentation that a Safety/Crisis Plan was completed, 97.4%.
    - Challenges:
      1. A Family Narrative has been completed, 49.1%.
      2. CFTs occurred at least every 30 days, 52.6%.
      3. The Cross System Care Plan was completed within 30 days of the initial CFT meeting, 63.8%.
      4. CSCP includes a complete list of participants and their contact information, 66.1%.
      5. Evidence a copy of the Safety/Crisis Plan and all revisions were given to the youth and/or family, involved systems and natural supports, if applicable, 40.9%.
  - E. The following recommendations were made for WISE moving forward.
    - Continue staff training.
    - Make changes to capture and document program activities.
    - Revise the language in the tool.

#### Conclusion/Outcomes

- Discussion was held about what agencies conduct WISE audits.
  - Julie clarified that North Sound BHO conducts the WISE audits.

#### Survey

1:20

Julie de Losada

ACTION: Action/Decision ( <input type="checkbox"/> ) Discussion ( <input type="checkbox"/> ) For Information Only ( <input checked="" type="checkbox"/> )
Overview: <ul style="list-style-type: none"><li>• Meeting surveys were completed and meeting was adjourned.</li></ul>



**Next meeting is: Wednesday, January 18, 2017 from 12:00 pm – 1:30 pm**