North Sound FYSPRT		
7.27.2026	**4:00 p.m. – 5:00 p.m.**	**Virtual**
Meeting called by:	Brandon Foister	
Note taker:	Maria Cruz	
Attendees:	– Dawn Scott, Compass Health – Megan Axley, Compass Health – Angela Fraser-Powell, North Sound ASO – Ana De Los Rios, North Sound ASO – Starleen Maraj Lewis, Family Tri Lead – Kate Naseth, United Healthcare – Becky George, North Sound ASO – Brandon Foister, North Sound ASO – Maria Cruz, North Sound ASO – Anni Jose, Compass Health – Peyton McCollum, Compass Health – Tonya Bieche, Family Partner	

Introductions, Announcements and Updates
Land Acknowledgement We acknowledge, with humility, that the land of the North Sound region today is the territory of People of the Salish Sea. Their presence is imbued in the waterways, shorelines, valleys, and mountains of the traditional homelands of the Coast Salish People, since time immemorial.

Attending other YFC Meetings in the Region	
Brandon	
ACTION: Action/Decision () Discussion (x) For Information Only ()	
Discussion Points: – We are currently working on a re org for this meeting – Brandon attended a statewide FYSPRT meeting. During that meeting he learned about how regularly they meet – Becky and Brandon will meet with other YFC regional meetings. They intend to learn how they spark community engagement – We currently have good system partners – Becky and Brandon will meet with youth Tri Leads on how they would like to boost community engagement – Increasing the number of members with lived experience is an important goal to ensure that the voices and perspectives of our community partners are represented. We need to explore creating and meaningful ways to strengthen and expand this area – Other FYSPRT's are being creative and thinking outside of the box to have community engagement and to keep engagement throughout the year – Other regions within the state have made a large number of community engagements – It was suggested meet with a state level agency that has strong peer support to learn how that peer took on the leadership role with families and FYSPRT meetings.	

- A peer at a state agency figured out how to get individuals to FYSPRT meetings. This was a routine leadership role the Peer had and continued to have a consistent attendance of individuals to the meetings.
- The peer can also educate individuals the benefit of attending the meetings and encourage them to keep coming

- An idea was proposed to include a broader range of community resources, such as programs that serve homeless youth, youth of color, and smaller community-based agencies that provide support to families and youth
- It was recommended that, when families attend for the first time, they be provided with an overview of the purpose and goals of the meetings. Brandon shared that, according to the FSPYRT manual, the goal is to create the closest level of engagement with families and youth to better understand the barriers they experience within the system. We want to create a safe and meaningful space where families and youth can discuss what barriers they are experiencing, identify what is working well, and collaborate on ways to move the youth continuum forward

Update on the YFC Website	
Brandon	
ACTION: Action/Decision () Discussion () For Information Only (x)	
Discussion Points: – The website would be a valuable resource for families and youth to learn more about available resources, services and opportunities of engagement – We are updating the entire website to be easy to read and to be able to answer questions people might have – We will have resource, legislative resource, what is a Tri Lead description tabs – We will develop a template and present it to the group for feedback. We will then use the feedback received to refine and further develop the website – It was encouraged to send ideas to Brandon and Becky – At this time if there are interested individuals that want to join the meetings, please direct them to Becky and Brandon	

Questions	
Brandon	
ACTION: Action/Decision () Discussion () For Information Only (x)	
Discussion Points: — Private insurance prevents an individual to qualify for Medicaid or state insurance. Has this been discussed here before? How do we help families – This has been discussed here and on other platforms – We can further discuss here on future agendas – YNP can help navigate families and youth – When WISe gets a referral from an individual who has commercial insurance, they contact the individual and provide them with referrals and direct them to their commercial insurance for network providers	

Agenda Topic	
Brandon	WISE
ACTION: Action/Decision () Discussion () For Information Only (x)	
Discussion Points: — We will be pulling WISe date from the state to present next month if we can get the data	

Agenda Topic	
Brandon	
ACTION: Action/Decision () Discussion () For Information Only (x)	
Discussion Points: — A comprehensive review of YFC funds was conducted to ensure transparency and accountability. Gift card incentives will be temporarily suspended until a secure process can be established and implemented — At the moment no surveys will be sent out, including the gift card incentive — Once a process has been established, the committee will be updated	

Agenda Topic	
Brandon	
ACTION: Action/Decision () Discussion () For Information Only (x)	
Discussion Points: — The YFC contract includes a legislative element focusing on elevating family voices at the state level. It was suggested to develop legislative highlights for presentation to legislators and consider a small group to visit legislators in Olympia to communicate these priorities directly, establishing a dual layer advocacy strategy — The statewide YFC also informed legislators of separate priorities — A huge need and possible priority is to have a community-based outpatient treatment. Therapy where they can meet the family in the community — We don't have transitional aged services which is gap in the system — The legislative engagement will be an ongoing project to accomplish every year	