

Youth and Family Coalition	
3.11.2024	4:00 p.m. – 6:00 p.m.
Meeting called by:	Tri Lead Starleen
Note taker:	Maria Arreola
Attendees:	Val Jones, Christina Jackson, Dawn Scott, Lisa Day, Rachel Zakopyko, Kari Holley, Bobbie Racine, Mairi Aguilar, Scott Swan, Megan Axley, Andee Martinez, Pat O'Maley-Lanphear, Starleen Lewis, Angela LoGrande,

Introductions, Announcements and Updates

Land Acknowledgement

We acknowledge, with humility, that the land of the North Sound region today is the territory of People of the Salish Sea. Their presence is imbued in the waterways, shorelines, valleys, and mountains of the traditional homelands of the Coast Salish People, since time immemorial.

Intros and Announcements

4:00 – 4:15 p.m.

ACTION: Action/Decision () Discussion () For Information Only (X)

- Taking referrals in Whatcom county for WISE. Serving 13-20 age youth. Will have openings in Skagit soon.
- WISE service intensity has been measured. February intensity measured high.

Choosing Our Own Adventure in 2024

4:15-4:45 Val and Starleen

ACTION: Action/Decision (X) Discussion () For Information Only ()

- A second attempt to get a youth co leader. Age 15-25 with 7-15 hours a month commitment and \$30/hour compensation. Position description will be available.
 - Reach out to school clubs for recruitment.
 - Boys and Girls club
 - Local library systems
- Ideas to get primary care involvement.
 - Distribute a flyer to primary care offices.
 - A member defined is attending 4-6 meetings a year. Member is not defined by Health Care Authority.
- Determined to have 1 meeting in each county except San Juan. San Juan traveling barriers. Have 4 meetings a year in the warmer months.

- When should YFC meet? Monday 3-5 determined.
- Reviewed Goal 1. To significantly increase knowledge and awareness of services and programs both currently needed and available in the regional system of care.
- Reviewed Goal 2. To nurture a culture of intersectional antiracist social equity
- Reviewed Goal 3. To equitably increase youth and family involvement in YFC from all five counties in the North Sound Region.
- Reviewed Goal 4. To significantly increase access to behavioral health supports through schools.
- Listening forums planning will begin researching dates and formats.
- Discussed outreach and recruitment.
 - Host fun events that get youth together.
 - Offer information about YFC, System of Care work, Strengths and Needs Assessment.
 - Ensure YFC offerings give young people opportunities to develop leadership skills and connect with trusted adults.
 - Gather feedback from youth to update social marketing plan for the project.
 - Secure funding to compensate youth leaders as the project progresses

Conclusion/Outcomes

Evaluations	
15min	
ACTION: Action/Decision () Discussion () For Information Only (x)	
Overview: Link was sent to the committee	
Discussion Points: <ul style="list-style-type: none"> - Evaluations link sent to committee 	
Conclusion/Outcomes	
Committee will complete the online evaluation	

Next meeting is - Monday, April 15, 2024, from 4:00 pm – 6:00 pm