

Youth and Family Coalition		
12.12.2022	4:00 p.m. – 6:00 p.m.	Virtual
Meeting called by:	Tri Lead Kate Foster	
Note taker:	Maria Arreola	
Tri Leads:	Family Tri Lead – Kate Foster System Tri Lead – Starleen Maharaj-Lewis Youth Tri Lead – Cam Callahan Youth Leader – Kaleb Lewis	
Attendees:	Lisa Day, Jerri Clark, Megan Boyle, Sondra Archuleta, Ryan O'Donnell, Liz Wilhelm, Megan Boyle, Salina Bass, Archelle Ramos	

Introductions, Announcements and Updates

Land Acknowledgement

We acknowledge, with humility, that the land of the North Sound region today is the territory of People of the Salish Sea. Their presence is imbued in the waterways, shorelines, valleys, and mountains of the traditional homelands of the Coast Salish People, since time immemorial.

WISe Data – WISe Providers Megan, Dawn and Sondra	
4:00 – 5:00	
ACTION: Action/Decision () Discussion (x) For Information Only ()	
<ul style="list-style-type: none"> – Megan Boyle, Dawn Scott, and Sondra Archuleta spoke on the WISe program in the North Sound region. – Wraparound Intensive Services (WISe) is an outpatient services to support youth and families in a least restrictive environment that have a complex behavioral health need. – Goal of the program is for youth to live in their communities and avoid out of home placements. – School referrals are high. – At the end of September, the Snohomish County WISe was closed due to unable to retain staff. – Compass Health, Therapeutic Health Services (THS), and Center for Human Services (CHS) provide WISe services in Snohomish County – Megan spoke on the history of WISe <ul style="list-style-type: none"> ○ Program has increased the access to services ○ In 2014 youth had access to care based on where they lived. With WISe a Medicaid eligible youth that lives anywhere in Washington should have access to the same level of care without having to go to a residential facility or a higher level of care because nothing else is available. The youth are getting there needs met where they are at. 	

- At Compass Health 99% of clients are discharged to a lower level of care. Families are getting what they need in their communities and support they need going through the system.
- Informational WISE movie was shown and can be viewed here <https://youtu.be/NScjTswT6U4>
- Sondra spoke of CHS data
 - Currently have 45 children and families
 - Service intensity average hours over the past 3 months is 9.25. WISE has a minimum of 10.25 hours per client per month.
 - Interest list is at 0.
 - Actively accepting referrals
 - Referrals to the time of assignment is two weeks.
 - One open Parent Partner position and two therapist positions
 - Specialty areas of birth to 6 years of age. Infant and early childhood Mental Health Professional on teams for any WISE client under the age of 7.
 - LGBTQIA+ plus staff is available upon request specializing in transgender and non-conforming youth and families.
 - Timeline capacity
 - April and May 32 youth
 - June 32 youth
 - July 37 youth
 - August 41 youth
 - September 38 youth
 - October 40 youth
 - Service Intensity Hours
 - 7.22 average in the summer
 - Have been staying around 9.35 average.
 - Scheduling is a barrier due to staffing and travel time to go from family to family in a weekly schedule.
 - Individuals and families being ill is a challenge.
 - Majority of families are being seen in person.
 - Parents work schedules is a challenge.
 - Megan spoke of the program is not for everyone and this can create problems due to a false interpretation the program can save everyone.
 - The family is the driving factor in the program. WISE is here to help the families and youth at the moment in need.
 - WISE is voluntary.
 - Compass Health serves the 5 counties in the North Sound. They have 11 different sites spreading throughout the North Sound region. Serving about 285 youth a month. During the 2022 year they received over 700 referrals. 140 youth on the interest list across the region. Over 50% of referrals comes from families. Anyone can call for a referral. Some referrals come from schools. Staffing has 110. Megan spoke of the advocacy to reduce barriers to those that want to become peer counselors.

Check-Ins, Intros, Updates and Announcements

5:05 – 5:20

Agenda Topic

ACTION: Action/Decision (X) Discussion () For Information Only ()

- None mentioned

Conclusion/Outcomes

No updates were given

Recommendations from Children and Youth Behavioral Health Workgroup, Michelle Karnath

5:20-6:00

Agenda Topic

ACTION: Action/Decision (X) Discussion () For Information Only ()

- Michelle is the Family Tri-Lead in the Southwest and the statewide FYSPRT. Michelle works in the Clark County Juvenile Court as a Family Specialist.
- Subgroups of the Children and Youth Behavioral Health Workgroup
 - Youth and Young Adult Continuum of Care
 - Open to anyone.
 - Representative Lauren Davis and Carolyn Eslick are members of this workgroup.
 - Some topics of discussion are around gaps in service including substance use disorder, how to support indigenous youth, and range of conversations that attendees bring as issues.
 - Workforce and Rates
 - School Based
 - Pre Natal to 5
 - Behavioral Health Integration
- Workgroup narrowed down nine ideas.
 - Increase technology applications
 - Targeting behavioral health in indigenous youth
 - Address SUD referrals
 - Expanding access to youth and peer services
 - Respite care for families
 - Expanding access to rural areas
 - Parent Portal
 - Non-emergency communication

- Topics that are being moved forward to the large workgroup are
 - Respite Care – Legacy Item
 - Expanding access to youth and parent services
 - Target investments in behavioral health suicidality for indigenous youth
 - Increase technology applications
 - Parent Portal – Legacy item
- All recommendations from the subgroups acknowledged workforce issues. No workforce issues were at the top of the priority list.
- Items that part of the legacy items and voted on
 - Expanding the partnership access line
 - Increasing early childhood education assistance
 - Behavioral health respite for youth and families
- The top new recommendations
 - Expanding services and new approaches for youth that are risk of being hospitalized
 - Targeted investments in behavioral health
 - A lead agency for students’ behavioral health
 - Culturally affirming mental health care for children and families
 - Reduce educational debt for clinicians and reduce behavioral health workforce barriers
- Parent Portal – Behavioral Health 360
 - Demo site link <https://www.bh360connected.com/>
- Link to all of the workgroup recommendations
<https://www.hca.wa.gov/assets/program/cybhgw-2023-recommendations-report-20221110.pdf>
- Link to the strategic planning process <https://www.hca.wa.gov/assets/60-0076-HCA-strategic-plan.pdf>

Conclusion/Outcomes

Workgroup provided presentation regarding the recommendations

Evaluations

15min

ACTION: Action/Decision () Discussion () For Information Only (x)

Overview: Link was sent to the committee

Discussion Points:

- Evaluations link sent to committee

Conclusion/Outcomes

Committee will complete the online evaluation

Next meeting is - Monday, February 13, 2023, from 4:00 pm – 6:00 pm