

Youth and Family Coalition		
2.13.2023	4:00 p.m. – 6:00 p.m.	Virtual
Meeting called by:	Tri Leads Cam Callahan and Starleen Maharaj-Lewis	
Note taker:	Maria Arreola	
Tri Leads:	System Tri Lead – Starleen Maharaj-Lewis Youth Tri Lead – Cam Callahan	
Attendees:	Lisa Day, Nora Karena, Lisa Hudspeth, Lizeth Vizcaino Sandoval, Michelle Osbourne, Pat O’ Maley-Lanphear, Megan Boyle, Carol Fowler, Mandy Iverson, Dary Allen, Emilie Boettger, Julie Butschli, Megan Drake, Sondra Archuleta, Ryan O’Donnell, Salina Bass	

Introductions, Announcements and Updates
<p>Land Acknowledgement</p> <p>We acknowledge, with humility, that the land of the North Sound region today is the territory of People of the Salish Sea. Their presence is imbued in the waterways, shorelines, valleys, and mountains of the traditional homelands of the Coast Salish People, since time immemorial.</p>

Intro, Announcement, Updates	
4:00-4:15	Agenda Topic
ACTION: Action/Decision (X) Discussion () For Information Only ()	
<ul style="list-style-type: none"> – There will be no meeting in March 	
Conclusion/Outcomes	
Opportunity to share agency or community events or updates	

DREI Workgroup	
4:15 – 5:30	
ACTION: Action/Decision () Discussion (x) For Information Only ()	
<ul style="list-style-type: none"> — No YFC meeting in March — North Sound asked the consultants to do. <ul style="list-style-type: none"> o Assess maturity with surveys and interviews. o Train to increase awareness and inspire. o Establish shared language for effective advocacy. o Inspire organizational commitment lunch in learns. o Recommend action plan what and when. To move towards the strategic plan. o Operationalize the action plan. How. 	

- Racism is the marriage of racist policies and racist ideas that produce and normalize racial inequity.
 - A racist policy is any measure that produces or sustains inequity between racial groups.
 - A racist idea is any idea that suggests one racial group is inferior or superior to another group in any way.
- The Antiracist Journey
 - Everyone is accountable in the community in the respects to racism.
 - Awareness
 - Advocacy and Action.
- Racial Equity is when access and outcomes are no longer determined by race.
- Racial inequity is when access and outcomes can be predicted by race.
- 6 truths about inequity
 - Inequity exists
 - Everyone is harmed by inequity and oppression in all it's forms
 - When there is inequity and oppression, only a few people benefit
 - Though you may not have created the inequity or oppression, you can be part of the solution
 - When there is equity everyone benefits.
- Interactive whiteboard activity took place to sort through YFCs goals under awareness, accountability, and advocacy headers.
- North Sound has identified 9 additional needs
 - Promoting and endorsing trainings
 - Behavioral Health clubs in schools
 - Youth Homelessness
 - Work with pediatricians and physicians
 - Appointment prep cards
 - Updated resource website page
 - Amplifying administrative info campaigns
 - Reducing administrative burdens
 - Youth leadership page
- The DREI Workgroup consist of North Sound staff and an Advisory Board member.
- The workgroup has gathered 99 ideas. Each are evaluated on 3 criteria's.
 - high impact
 - mission critical
 - likely to succeed.
- The ideas are going to be turned into action. No idea will be lost or behind. The goal is to have created the strategic plan by March 31.
- Members were encouraged to provide ideas to help improve behavioral health access and outcomes in the North Sound region.
- The DREI workgroup will include school clubs idea to be supported in the strategic plan.

Conclusion/Outcomes

DREI Consultants provided an overview of the North Sound project

Tri-Lead Position/Family/Systems

5:30-5:45

Agenda Topic

ACTION: Action/Decision (X) Discussion () For Information Only ()

- Starleen began discussion of the open leadership System Tri-Lead position
- Time commitment ranges from 3 to 15 hours per month
- Appointment are 2 years
- The position consists of the following
 - o To ensure meeting tasks and deliverables are completed.
 - o Leading and organizing meetings
 - o Convey information to the statewide Family Youth System Partner Round Table (FYSPRT) and bring back to the coalition
 - o Ensure meetings have a safe respectful welcoming platform.
- Members expressed concerns of the time commitment. Professionals already have full responsibilities and are stretched thin.
- Members expressed how the stipend would affect employment.
- It was suggested to have a poster be designed to help bring awareness of the open position.

Conclusion/Outcomes

Discussion took place about the open System Tri-Lead position

North Sound Advisory Board Community Contest

5:30-6:00

ACTION: Action/Decision () Discussion () For Information Only (x)

Overview:

Discussion Points:

- Pat O'Maley-Lanphear, Advisory Board Chair and Maria Arreola, Advisory Board Coordinator spoke of collaboration ideas with the coalition.
- North Sound region community contest is held yearly. Each year a theme and targeted population is determined. The winning individuals are recognized at an award ceremony.
- Each year the Advisory Board selects the winning entries and award prizes.
- Maria showed winning entries of the last contest winners. The entries are displayed throughout the ASO office.
- Members were encouraged to send ideas to Maria.

Conclusion/Outcomes

Overview of the Advisory Board annual community contest was given.

Evaluations

15min

ACTION: Action/Decision () Discussion () For Information Only (x)

Overview: Link was sent to the committee

Discussion Points:

- Evaluations link sent to committee

Conclusion/Outcomes

Committee will complete the online evaluation

Next meeting is - Monday, April 10, 2023 from 4:00 pm – 6:00 pm