

Youth and Family Coalition		
5.9.2022	4:00 p.m. – 6:00 p.m.	Virtual
Meeting called by:	Tri Lead Kate Foster	
Note taker:	Maria Arreola	
Attendees:	April Barker, Heidi Pless, Katie Seldon, Starleen Maharaj-Lewis, Kate Foster, Megan Boyle, Val Jones, Caileigh Robinson, Samantha Kiyota, Sondra Archuleta, Linden Jordan, Rachel Zakaopyko,	

Introductions, Announcements and Updates
<p>Land Acknowledgement</p> <p>We acknowledge, with humility, that the land of the North Sound region today is the territory of People of the Salish Sea. Their presence is imbued in the waterways, shorelines, valleys, and mountains of the traditional homelands of the Coast Salish People, since time immemorial.</p>

The Science of Gender Linden Jordan; President of PFLAG Skagit	
4:00 – 5:30	
ACTION: Action/Decision () Discussion (x) For Information Only ()	
<p>— Linden has had a career that included attorney, mental health counselor and college professor. In his retirement, he works with PFLAG Skagit to support, educate about and advocate for the LGBTQ+ community, friends and allies. His goal is to create ambassadors everywhere and to help assure that our community receives the respect, care and dignity that they deserve. He is part of the Speakers Bureau and has given over a hundred trainings locally and beyond for making the world a more welcoming place for the LGBTQ+ community. He can be reached at info@pflagskagit.org.</p> <p>Linden presented on The Science of Gender. We are taught that it is all so simple, yet nothing could be further than the truth. We will explore the world of in utero development as it applies to the formation of sexual anatomy and our gender identity. You will understand why gender identity is so critical and so interesting. This will help you as you work with families who have gender diverse members. You will also find it helpful within your own families.</p>	

Introductions, Updates, and Announcements

5:30-5:45

Agenda Topic

ACTION: Action/Decision (X) Discussion () For Information Only ()

- May 11th – Cannabis 101: Key Concepts, Trends, and Evidence
2-3pm Webinar | Presenter: Alex Sirotzki, Washington Poison Center
 - Description: Marijuana has been legal in Washington state since 2012, and with the widespread introduction of CBD products as well, evidence-based information on its use can be hard to find. This event will cover: legal status, health effects, Washington Poison Control information, safe storage, and more.
 - For: school staff, parents, law enforcement, juvenile justice, human and social services professionals, and anyone working or supporting healthy youth development
 - Questions: apavitt@co.whatcom.wa.us

- REGIONAL NETWORK MEETING: 1-3pm May 23rd via zoom
 - We are excited to have Page, founder of the Common Goodness Project, with us to help us dive into LGBTQ+ related Healthy Youth Survey Data as well as explore easily implementable protective factors & strategies to improve outcomes for LGBTQ+ youth. Please join us to explore this important topic with prevention partners across the region!
 - Zoom Link:
<https://us06web.zoom.us/j/81484856130?pwd=cCtSanJ5ME04U1Z2enFKbWlkVVNqQT09>
Meeting ID: 814 8485 6130
Passcode: 752527

- May 25th – Equity in Student Discipline, 8am-4pm In Person @ ESD 189 in Anacortes | Presenters: Maria Flores & Jon Mishra, Washington State Office of Superintendent of Public Instruction (OSPI)
 - Description: Participants will conduct a root cause analysis using live data districts bring to the session. Examples of how to conduct the analysis will be shared. The goal is to begin development of an action plan to address inequities in discipline. Pre-session information will be provided e.g., pre-reading.

- For: School Staff (admin, prevention/intervention staff, counselors, etc.), coalition & public health staff welcome to attend as community partners
- For more information or to enroll:
<https://www.pdenroller.org/nwesd/catalog/event/141215>
Questions: cjury@nwesd.org

— June 8th – Youth Got this Regional Youth Summit, 9am-330pm In Person @ Hillcrest Park in Mount Vernon (lunch provided) | Led by Solomon Masala and more!

- Description: This all-day, in-person event is designed to inspire young people from prevention-focused youth groups across Whatcom, Skagit, Snohomish, Island, and San Juan counties. Youth Got This! will provide opportunities for young people to connect with each other and to their own inner resilience. A mix of drumming, interactive team-building exercises, reflection, and awesome speakers will bring energy and focus to both established and emerging youth leaders.
- For: 8th to 11th grade youth prevention groups and their adult advisors
- For more information and to register click here
Questions: alicia.guildner@unitedgeneral.org or Kristy.Southard@UnitedGeneral.org

— June 24th – Authentic Youth Engagement, 9am-330pm In Person @ ESD 189 in Anacortes (lunch provided) | Presenter: Nigel Wrangham

- Description: National expert Nigel Wrangham will lead this training that aims to inform, energize, and inspire participants to engage and retain young people with respect, integrity, and inclusion, combining the skills and gifts that young people have to offer with evidence-based practices for maximum effectiveness and equity.
- For: Prevention professionals, youth-service organization professionals, public health professionals, school staff, and more.
- For more information or to enroll:
<https://www.pdenroller.org/nwesd/catalog/event/141518> Questions: cclay@nwesd.org

— June 28th – LGBTQ+ Training, 9am-4pm In Person @ ESD 189 in Anacortes (lunch provided) | Presenter: Page, Common Goodness Project

- Description: We know that LGBTQ+ students are more likely to struggle with mental health and use substances to cope. Let's explore the strengths inherent in their identities and our role in fostering their resilience.

	<p>Together we can foster spaces of safety and belonging where LGBTQ+ young people can thrive.</p> <ul style="list-style-type: none"> ▪ For: School-based student support professionals, additional school staff, youth-focused community leaders, coalition and public health partners ▪ Registration Link: Coming Soon Save the Date Questions: cclay@nwesd.org or apavitt@co.whatcom.wa.us
Conclusion/Outcomes	
Sharing of events from agencies and counties	

Evaluations	
15min	
ACTION: Action/Decision () Discussion () For Information Only (x)	
Overview: Link was sent to the committee	
Discussion Points:	
<ul style="list-style-type: none"> • Evaluations link sent to committee 	
Conclusion/Outcomes	
Committee will complete the online evaluation	

Next meeting is - Monday, June 13, 2022, from 4:00 pm – 6:00 pm