

Youth and Family Coalition		
3.10.2025	3:00 p.m. – 5:00 p.m.	Virtual
Meeting called by:	Tri Lead Bobbie Racine	
Note taker:	Maria Arreola	
Attendees:	Starleen Lewis, Andrew Hudson, Andee Martinez, Christina Jackson, Kaleb Lewis, Rick Deluga, Patricia Dao, Val Jones, Reed Mierzeski Grace	

Introductions, Announcements and Updates
<p>Land Acknowledgement</p> <p>We acknowledge, with humility, that the land of the North Sound region today is the territory of People of the Salish Sea. Their presence is imbued in the waterways, shorelines, valleys, and mountains of the traditional homelands of the Coast Salish People, since time immemorial.</p>

Tabletop Discussion
3:00 – 4:00
ACTION: Action/Decision ( ) Discussion (x) For Information Only ( )

- Discussion around concerns about budget cuts, North Sound System of Care, changes in services
- Programs will be impacted with budget cuts. There is already minimal resources for youth and families.
- How can we improve dissemination of information regarding existing behavioral health services and programs to youth and families in the North Sound region?
- What strategies can be employed to ensure that community members are well informed about the resources available to them?
- Washington State Child Youth Behavioral Health Work Group. All FYSPRTs are connected to the statewide FYSPRT. Committee reviewed the Child Youth and Family Behavioral Health Governance Structure. This workgroup has different stakeholders around the state.
- FYSPRTs are connected with is the Youth and Young Adult Continuum of Care Workgroup. Charged in making the statewide strategic plan for child and youth behavioral health and putting together priorities for the legislative session every year.
  - When regional FYSPRTs (like YFC), find issues and can't address them, they get moved to the statewide FYSPRT. If the statewide FYSPRT is unable to find a resolution at that level, then it moves to the Youth and Young Adult Continuum of Care sub workgroup. This sub workgroup makes

recommendations to put forward a larger work group. They draft up a report with the prioritized recommendations that ee submit to the legislature. This is tracked with what the legislature does with those recommendations. Some can become bills and some programs can be funded from the budget.

- Opportunity Council in Whatcom and Skagit County have a good connection to services. They facilitate housing and homelessness. Unity Care and Opportunity Council will start working together a lot more. It is a good connection for services.
- In Whatcom County there is a website called the Whatcom Asset Building Coalition (WRIC). The website will direct individuals to resources in Whatcom County. [WRIC About Us - Whatcom Asset Building Coalition](#)
- Seattle Children’s has a line that is funded by the start where individuals can call and get assistance with behavioral health resources for children and youth.
- YFC website has a resource link to find care [Find Care | My Site](#)
- Promoting intersectional anti racist social equity within our behavioral health services.
  - There are continued gaps.
  - What initiatives can we implement for nature of culture of intersectional antiracist social equity within our behavioral health services?
  - How can we ensure that our programs and policies are inclusive and equitable for all community members?
  - There are more families moving to Washington state because of the inclusive practices of the state.

<b>Introductions and Announcements</b>	
	Val Jones
ACTION: Action/Decision ( ) Discussion ( ) For Information Only (x)	
Overview:	
Discussion Points: <ul style="list-style-type: none"> <li>— Introductions were made</li> <li>— No updates given</li> </ul>	
<b>Conclusion/Outcomes</b>	

<b>Evaluations</b>	
<b>15min</b>	
ACTION: Action/Decision ( ) Discussion ( ) For Information Only (x)	
Overview: Link was sent to the committee	
Discussion Points: <ul style="list-style-type: none"> <li>- Evaluations link sent to committee</li> </ul>	
<b>Conclusion/Outcomes</b>	

Committee will complete the online evaluation